Guide

September/October 2018
Elul 5778 – Tishrei 5779
אֲלוּל תשע״ח – תִּשׁרֵי תשע״ט

Shanah Tovah!
Happy New Year!

Thank you for being part of the Beth Israel Community

Daily Minyan Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Weekday Mornings</td>
<td>7:00 a.m.</td>
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<tr>
<td>Sunday Mornings</td>
<td>9:00 a.m.</td>
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<tr>
<td>Weekday Evenings</td>
<td>5:40 p.m.</td>
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NO SUNDAY EVENING MINYAN

Message from Clergy & President
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5779 High Holidays
At A Glance
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The Ethical Life
with Rabbi Goldstein
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Send your Young Adult
Holiday Greetings
see back page

@bethisraelom
bethisrael-om.org
Divrei Ha-Rav: The Rabbi’s Words

Rabbi Jay R. Goldstein

One of the purposes of the month of Elul, that precedes the High Holy Days is in essence to take the time to create a ‘Jewish’ or a ‘spiritual’ life list. Such a list could be a combination of both experiences and contributions. It could include activities that transcend our lives and have an impact on others.

These activities would be a part of our personal legacy that in some way would improve the world and have an impact on our families, our friends, and our community. We need to have a plan if we want to create such a legacy for ourselves – it doesn’t just happen.

The truth is that few of us reach our spiritual life goals. Maybe that’s the difference between a regular life list and a spiritual life list. The goals on a life list are easily attainable – all it takes is time, money and relatively good health. But spiritual life goals usually transcend our lifetime or our personal ability. They are much bigger than us.

Perhaps we can reduce our spiritual life list to just one item. In psalm 27, which we recite each day through the fall Holidays, we say: One thing I have asked of the Lord; For this do I yearn:
To dwell in the House of the Lord
All the days of my life,
To behold God’s beauty
And to pray in God’s sanctuary.

It may sound like the magnet I received in my first year of the Rabbinate that read...Rabbis don’t grow old...they just get gray around the Temple....But In the end that’s all we need and all we can really ask for
To dwell in the House of the Lord
All the days of my life,
To behold God’s beauty
And to pray in God’s sanctuary.

As we approach the Yamim Noraim, I’d like to invite each of you to spend some time thinking about your spiritual/Jewish life list. There will be plenty of time in synagogue to day dream - why not spend some time drawing up a mental list and, then, after Rosh Hashanah/Yom Kippur, write it down and put it away somewhere safe.

Every so often, take it out and check your list – Do you know where you’re going, what you’re doing and how you’re living? This is my challenge to all of us for these High Holy Days. There is no better time than the present moment to be a blessing to ourselves and to others.

Shanah Tovah!

President’s Message

Marc Hertzberg

Dear Friends,

On behalf of the Officers and Board of Trustees of our congregation, it is both my privilege and honor to extend holiday greetings. We hope that everyone had a relaxing and pleasant summer.

We are looking forward to an exciting year at Beth Israel. We have many special events planned for the upcoming year. The fall will be a particularly busy time for Beth Israel. We hope that you are able to join us as often as possible.

L’Shana Tova Umetukah to our entire congregational family. We wish you and yours a New Year of peace, health and happiness. We hope that everyone has a wonderful year with your family and friends.

Sincerely,
Marc Hertzberg

Beth Israel Guide
Miriam the Prophetess and the Power of Singing

Then Miriam the prophet, Aaron’s sister, took a timbrel in her hand, and all the women followed her, with timbrels and dancing. Exodus 15: 20

You may recognize the preceding verse from the book of Exodus. It recalls the moment after the parting of the Red Sea when the children of Israel emerged from slavery into freedom. When I first encountered this verse, it struck me as terribly odd for two reasons.

First, Miriam, who was previously known only anonymously as the sister of Aaron and Moses, is suddenly called not only by name, but is also named as a prophetess. When and why did Miriam suddenly become a prophetess?

Second, where did she get the timbrel? It seems unlikely that musical instruments were scattered around in the desert just waiting for someone to come along and play them.

These two questions are addressed through midrash, a form of rabbinic literature that explores creative answers to questions posed by the biblical text. According to midrash, the rabbis believed Miriam was the source of many prophecies including the birth of her brother, Moses, his rise to leadership and the miraculous parting of the Red Sea.

The timbrel is evidence of Miriam’s greatest prophecy. According to the rabbis, she predicted the parting of the Red Sea and brought the timbrel with her from Egypt. This might seem odd through modern eyes. After all, unless we are actors in a musical, most of us do not regularly carry instruments or sing at the end of the work day.

However, we, not Miriam are the anomaly. Singing has been an essential human trait for tens of thousands of years. There is evidence of singing in every civilization, everywhere throughout history. Miriam and Moses knew something about the power of singing that modern research is only beginning to understand.

Researchers at the University of Oxford studied participants in adult singing classes to understand how people are uniquely affected by singing. They proposed that singing originally evolved in hunter-gatherer societies as a form of social cohesion. Over a period of seven months, singers completed surveys before and after weekly singing classes. Researchers also indirectly measured the release of endorphins during the singing session.

They found that singers felt an increase in mood as well as a stronger bond to fellow classmates. They also discovered an “icebreaker effect” unique to singing. The bond between singers became close much faster than between adults in other enrichment courses. In fact, it took almost three times as long for adults in other courses to report the same level of closeness as that of the singers.

Canadian psychology professor and author of This is Your Brain on Music, Daniel Levitin, believes we are biologically ingrained to sing. In his book, Levitin cites research that singing changes our neurochemistry. When singing music you enjoy with other people, the brain sees an uptick in two powerful neurotransmitters, serotonin and dopamine, both of which play a role in warding off depression. In an interview for the Canadian Broadcast Company, he said, “… still today you can go to hunter-gatherer societies, pre-industrial tribes, and everybody sings, everybody dances.”

Levitin traces the modern decline in communal singing among industrial civilizations to the appearance of concert halls in Europe about 500 years ago. “Singing became something that specialists did, while others watched. It became exclusionary, rather than communal.” So, asks Levitin, “…in light of all the benefits of singing, how do us normal folks suspend our fear of singing beyond the shower?”

Levitin encourages us not to judge, but to allow ourselves to participate freely. The health and social benefits of singing are available to everyone willing to join in the song. The inclusion of Miriam, the prophetess, is not merely an added detail to the greater narrative. She is a reminder to us that singing is good for us and good for our community.

If you are ready for all the benefits singing has to offer, contact Cantor Jen Rolnick at 410-654-0800 x206 or jrolnick@bethisael-om.org for more information about Beit Shira, the community chorus of Beth Israel Congregation.
Bring your family, friends and neighbors for tashlich, and join in the ritual of casting bread into the nearby Gwynns Falls stream, symbolizing the casting away of one’s sins.

We will meet in the rear parking lot of the Stevenson University Owings Mills North Campus, and walk as a Congregation to the beautiful foot bridge. Please wear casual clothing and don’t forget to bring a supply of bread. This service is open to the community.

**Tashlich Ceremony**

**Rosh Hashanah Day 1**
**Tuesday, September 10**

5:00pm Meet in Stevenson parking lot
5:15pm Tashlich Ceremony

Stevenson University
Owings Mills North Campus
11100 Ted Herget Way (Gundry Lane)
Owings Mills, MD 21117

Bring your family, friends and neighbors for tashlich, and join in the ritual of casting bread into the nearby Gwynns Falls stream, symbolizing the casting away of one’s sins.

We will meet in the rear parking lot of the Stevenson University Owings Mills North Campus, and walk as a Congregation to the beautiful foot bridge.

Please wear casual clothing and don’t forget to bring a supply of bread. This service is open to the community.

**High Holiday Learning Experiences**

**Monday, September 10: Rosh Hashanah Day 1**
10:45am with Rabbi Marc Blatt

"Finding Unity in CommUnity"
There is the old saying: 2 Jews, 3 Opinions. Jews love to argue and disagree. However, in today’s society, the disagreements have begun tearing apart communities and even families. What can we do to heal the divide and be able to come together as one community? We will look at several different sources to see how the rabbis understood disagreement, how they approached each other, and yet still preserve their community while maintaining a diversity of opinion.

**Tuesday, September 11: Rosh Hashanah Day 2**

*Beit-BIOM for young adults 17 to 23*
10:45am with Rabbi Marc Blatt

A space for young adults to connect with Beth Israel, the shul they call home, with thought provoking, participant driven conversation. We will discuss different aspects of the High Holidays.

**Tuesday, September 11: Rosh Hashanah Day 2**
10:45am with Rachel V. Glaser

Mysteries of the Mahzor: “Exploring the Rosh Hashanah Musaf Service”
We will discuss the 3 themes in the 3 parts of the High Holidays Musaf service, each of which is framed by the blowing of the Shofar: Malchuyot- God Rules; Zichronot- God Remembers; Shofarot- God Listens.
How can we understand these themes today? How can this understanding enrich our Rosh Hashanah prayer experience?

**Wednesday, September 19: Yom Kippur**
11:15am with Rabbi Marc Blatt

Moving Forward, Looking Back: Reflections on Forgiveness
Inspired by one of my mentors and last year’s conversation at Yom Kippur, in this session, we will look at texts that deal with the act of forgiving others as a means of growth, how God works into the equation, and how we can move forward into the new year with a clean slate.

**Soup in the Sukkah**

**Friday, September 28**

Services followed by separate programming for adults and kids.

6pm: Services
7pm: Soup in the Sukkah Dinner
   • $22 Adults ages 13+
   • $12 Children ages 6 to 12
   • $8 Children ages 3 to 5
7:45pm: “How to Avoid the Evil Eye”
Judy Meltzer will speak on Jewish superstitions, and she is likely to bring a home-made Golem or three!
RSVP: http://tinyurl.com/ShabbatDinnersFall18
## The High Holidays at Beth Israel Congregation AT A GLANCE

### 2018-5779

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<thead>
<tr>
<th>Event</th>
<th>Sanctuary Service</th>
<th>Family Service in the Multi-Purpose Room</th>
<th>Other High Holiday Experiences</th>
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<tbody>
<tr>
<td><strong>Erev Rosh Hashanah</strong>&lt;br&gt;Sunday evening, September 9</td>
<td>Mincha, 5:50pm&lt;br&gt;Maariv, 6pm</td>
<td>Please join your Beth Israel Family for services in the David Phillip Gresser Sanctuary. (No Reserved Seating)</td>
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<tr>
<td><strong>1st Day of Rosh Hashanah</strong>&lt;br&gt;Monday, September 10</td>
<td>8:30am</td>
<td>Family Service begins at 10:30am</td>
<td>-Youth programs: 10:30am&lt;br&gt;-Tot Chag (Service): 10:15am&lt;br&gt;-Learning Opportunity with Rabbi Marc Blatt in Chapel: 10:45 – 11:30am</td>
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<tr>
<td><strong>Tashlich Ceremony</strong></td>
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<td>5:15pm: Tashlich Ceremony at Gwynns Falls stream at Stevenson University&lt;br&gt;<strong>Please wear casual clothes and bring bread.</strong>&lt;br&gt;<strong>Bring friends! This service is open to the community!</strong></td>
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<tr>
<td><strong>Evening Service</strong></td>
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<td>Please join your Beth Israel Family for services in the Chapel or the Outdoor Sanctuary, weather permitting, at 6pm.</td>
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<tr>
<td><strong>2nd Day of Rosh Hashanah</strong>&lt;br&gt;Tuesday, September 11</td>
<td>Services begin at 8:30am&lt;br&gt;<strong>Please join your Beth Israel Family for services in the David Phillip Gresser Sanctuary</strong></td>
<td>-Youth programs: 10:30am&lt;br&gt;-Tot Chag (Service): 10:45am&lt;br&gt;-Beit-BIOM (for young adults ages 17 to 23) Learning with Rabbi Marc Blatt in Multi Purpose Room: 10:45am&lt;br&gt;-Learning Opportunity with Rachel V. Glaser in Chapel: 10:45 – 11:30am</td>
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<tr>
<td><strong>Erev Yom Kippur</strong>&lt;br&gt;Tuesday, September 18</td>
<td>Mincha – 6:30pm/Kol Nidre – 6:45pm&lt;br&gt;<strong>Please join your Beth Israel Family in the Sanctuary Service. Please bring a canned good with you to donate to the needy.</strong></td>
<td>Youth and Teen Services: 6:45pm</td>
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<tr>
<td><strong>Yom Kippur Morning</strong>&lt;br&gt;Wednesday, September 19</td>
<td>Service begins at 9:30am&lt;br&gt;Sermon/Yizkor will take place at approximately 1:30pm</td>
<td>Family Service begins at 11am</td>
<td>-Youth Programs: 11am&lt;br&gt;-Tot Chag (Service): 10:45am&lt;br&gt;-Learning Opportunity with Rabbi Marc Blatt in Chapel: 11:15am – 12noon</td>
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<tr>
<td><strong>Afternoon</strong></td>
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<td>3:15 – 4:45pm – Afternoon Break Programs</td>
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<tr>
<td><strong>Evening Service</strong></td>
<td></td>
<td>Mincha, 5:00pm&lt;br&gt;Neilah, 6:30pm&lt;br&gt;<strong>Please join your Beth Israel family for services in the David Phillip Gresser Sanctuary for a special service of reflection and meaning. Please bring your shofar, as we end Yom Kippur together on the bema as a community. Children are welcome and encouraged to attend.</strong>&lt;br&gt;7:45pm Final Shofar</td>
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Please check [http://bethisrael-om.org/worship/high-holidays](http://bethisrael-om.org/worship/high-holidays) periodically for updates and information.
Youth Department News

Mazal tov to our Kadima Chapter on being awarded a Chapter Innovation and Engagement Grant from USY! We invite our 6th-8th graders to join us in planning the most exciting year yet for BIOM Kadima! We will have our initial brainstorming session, while enjoy pizza and snacks, on **September 16th at 4:30pm** in the School Kitchen. This is free and open to ALL Beth Israel 6th to 8th graders. We would love to see you and hear your ideas to make Kadima GREAT! Please email biomkadima@bethisrael-om.org to RSVP.

**Save the Date for our upcoming kickoff events!**
More details will be mailed and posted on social media.

Bonim (2nd & 3rd Grade) and Machar (4th & 5th Grade)

- Sunday, October 7th at 1pm
- Scavenger Hunt at Irvine Nature Center
- $18 per person

Kadima (Middle School)
Saturday Evening, October 6th
**Stay tuned for more details following our brainstorming session on September 16th at 4:30pm.**

USY (High School)
Saturday, September 29th at 7:45pm
"Something Messy in the Sukkah"
$75 *(includes membership dues)*
$20 *(without membership dues)*

To become a Kadima or USY Member:
[http://tinyurl.com/BIOMMembership1819](http://tinyurl.com/BIOMMembership1819)

We are looking forward to a great year!

~ BIOM Youth Team

High Holiday Food Drive

Start off the New Year with a mitzvah. Bring a bag of non-perishable canned and boxed goods to drop off prior to Kol Nidre on Tuesday evening, September 18, to be donated to needy families.

Niggunim & Namaste:
Nourishment for the Neurons

- **Saturday, October 6**
  - 11am

Join Cantor Jen Rolnick for a fusion of meditation, movement and chant.

*Save the Dates: Niggunim & Namaste*
December 15, February 9

USY
USCJ’s youth movement

Possible thanks to a grant from USY

Sukkot
Shemini Atzeret
Simchat Torah

- **Mon., Sept. 24**
  - 1st Day of Sukkot
  - 9:15 am

- **Tues., Sept. 25**
  - 2nd Day of Sukkot
  - 9:15 am

- **Mon., Oct. 1**
  - Shemini Atzeret (Yizkor Recited)
  - 9:15 am

  - Erev Simchat Torah
  - Family Activities
  - Mincha/Maariv
  - Hakafot Festivities
  - 6:00 pm
  - 6:00 pm
  - 6:30 pm

- **Tues., Oct. 2**
  - Simchat Torah
  - 9:15 am
  - Mincha/Maariv
  - 5:40 pm

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Community Learning Lab

What does lemonade have to do with Rosh Hashanah? Lemonade does have a sweetness to it, but comes from something sour. As we get ready to return to school, we have a chance to take something that is sour (the summer ending) and turn it into something sweet! We, in the Beth Israel Community Learning Lab, can help you with the sweetness:

- You get to see your friends again! **High Holiday services for kids are:**
  - Monday, September 10 at 10:30am
  - Tuesday, September 11 at 10:30am
  - Tuesday, September 18 at 6:45pm
  - Wednesday, September 19 at 11am
- You get new clothes for the school year! **You can donate your old, gently used shoes** to help raise money for BICLL and the Beth Israel Preschool!
- You get to pick your own apples (to bring to your teacher, dip into honey, or bake into delicious treats for your sukkah!) at **Apple Picking at Baugher’s** on Sunday, September 16. Bring the whole family!
- You get to learn something new! The **first day of BICLL classes** is Sunday, September 23!
- You can do a mitzvah! Bring new pairs of socks (all sizes) to the first day of BICLL to help keep toes of those who are without homes, warm during the winter.
- You can learn some new skills! **Join us for a Sukkah Circus** where you can learn how to juggle and clown around at a workshop for the whole family on Sunday, September 30.
- You can taste the sweetness of Torah! **Our edible Simchat Torah celebration** is Monday night, October 1 at 6pm.

But there’s something else that links lemonade and Rosh Hashanah – find out at first day Youth and Family Services on Monday, September 10 at 10:30am!

Shanah Tovah! Have a sweet new year!

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**Apple Picking**
**Fall Fun for the Whole Family**

**Baugher’s Orchard & Farm**
**Sunday, September 16, 10am**

Join Beth Israel for an exciting day in the country! Meet at the Baugher’s playground:
1236 Baugher Road, Westminster, MD 21158

Only $3 a person, includes a ride to the apple orchard and a light snack

Pick as many fresh apples as your family desires (charged by weight)

Activities for the kids!

RSVP: http://tinyurl.com/BIApplePicking

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**Mazal Tov to our September and October B’nai Mitzvah!**

**Is Your Bar/Bat Mitzvah Coming Up?**

Please email a headshot, including kippah and tallit, to Ann Friedman no later than 8 weeks prior to your Bar/Bat Mitzvah month, afriedman@bethisrael-om.org.

The photo will be printed in the *Guide*, and will also be displayed on our monitor in the chapel lobby.

Beth Israel is looking forward to sharing your simcha!

- **September 1**
  - Dylan Berkowitz, son of Valerie Elder and Richard Berkowitz

- **October 13**
  - Rylin Bloom, daughter of Sherri & Joel Bloom
Sisterhood

**Wednesday, September 26, 7:30pm**

**Sisterhood in the Sukkah**

Create and decorate a challah plate in the Beth Israel sukkah! All are welcome. Come at 7pm to nosh and schmooze.

Have fun creating your very own Mod Podge challah plate (10 in. diameter).

In case you are not familiar, Mod Podge is a decoupage medium – an all-in-one glue, sealer and finish used to attach paper and fabric to various surfaces.

We will supply everything you need to make a beautiful Mod Podge decoupage challah plate. Bring a favorite photo to include in the decoration (photos 6 in. or less).

**Wednesday, October 10, 7:30pm**

**Why Do We Do That? Jewish Customs that We Live By**

Our guest speaker will be Jewish educator Devorah Brooks. Devorah will teach us about some curious and unusual Jewish customs and the reasons behind them. We will learn about customs related to food, family life and many other interesting topics. As a bonus, we will also learn about some Ethiopian Jewish customs.

As always, come at 7pm to nosh and schmooze with your Beth Israel Sisterhood friends. All are welcome.

For more info, contact Nancy Rogers at 410-902-1466.

**Beth Israel Stitchers**

If you enjoy needle arts of any kind, join the Beth Israel Stitchers. Always fun and strictly stitching. The group is not limited to Sisterhood or Beth Israel members. We meet the third Sunday of each month 11am to 2pm. A light lunch is served.

**Little Known Facts From Your Judaica Shop**

The traditions on Rosh Hashanah are nothing like the way we celebrate New Year’s Eve by partying, drinking champagne and wearing party hats. The Torah refers to Rosh Hashanah as a time for encouragement, contemplation, reflection and self-evaluation. It reinforces the idea that everyone has the responsibility for their own life, conduct and actions.

How does this relate to the gift shop?

Your Sisterhood Judaica Shop sells many hostess gifts, items to grace your own table, shofarot, challah covers and many other items for Shabbat, Rosh Hashanah or other Jewish holidays. This year you might want to consider purchasing or passing on a Judaica item that has a special meaning to you so the recipient, whether it is a child, relative or someone special, can start making their own memories.

Also, today’s young people have different ideas and likes than our generation did, so instead of waiting to give your child Judaica that you have, and they might not want based on their lifestyle, you might offer to buy them something that has relevance to both of you now.

The Judaica Shop has many new and current items in inventory for you to choose from, including honey dishes, challah trays and knives, shofarot (that you can order in time for the holidays), serving pieces, special candles and candlesticks, and more. Come by and see!

Last but not least, many current items will be discounted up to 70% off.

Contact Anita Meddin, Giftshop Chairman, for a personal appointment, (443) 310-8572 or anitameddin@gmail.com.

**Gemilut Hasadim: Acts of Loving Kindness**

It’s a mitzvah for one to perform gemilut hasadim without expecting anything in return. Once again, Sisterhood will collect items for charitable groups in our community. Please place your items in the bins that are in the bench located in the sanctuary lobby.

**Only new, unopened toiletries, please.**

- **September:** School Supplies – donations will go to Jewish Community Services for their drive
- **October:** Travel-size toiletries – combs, disposable razors, hand cream, shampoo, etc. - donations to JVC
- **November:** Knitted scarves, hats and gloves – donations to Jewish Volunteer Connection
- **December:** Kids’ toys and adult grooming items – donations to Jewish Volunteer Connection
- **Ongoing September through December 21:** Adult socks – to be included in JVC’s winter care packages

Questions? Please contact Rhonda Gelman Kelley at rgk43@hotmail.com.
Brotherhood

I hope everyone had a safe, healthy, and fun Summer. The men in the shul should have received Brotherhood membership information in the mail. We look forward to you joining or renewing your membership. The Brotherhood has been hard at work arranging our speakers for the upcoming year. I am proud to announce the fall 2018 and early winter 2019 programs and speakers:

- **Sunday, September 23:** Sukkah Build at Beth Israel
- **Thursday, September 27:** Steak and Scotch in the Sukkah
- **Sunday, October 7:** Sukkah Take Down
- **Sunday, October 14:** Baltimore County Executive Community Forum with Democrat Johnny “O” Olszewski and Republican Al Redmer
- **Sunday, October 21:** Breakfast – Lone Soldier
- **Tuesday, November 13:** Sports Night – Edwin Mulitalo
- **Sunday, December 9:** Breakfast – Jews In Military (Revolutionary War, War of 1812, and The Civil War) with Harry Ezratty, Esq.
- **Sunday, January 20:** Breakfast – Stan Stovall

If you didn't receive your membership information, have questions about the Brotherhood, or would like to become involved with the Brotherhood, please send us an email at bethisraelbrotherhood@yahoo.com.

We look forward to seeing you at our programs and having you as a member of the Beth Israel Brotherhood.

Beth Israel’s Senior Scene

Please join us for dinner and a show on **Sunday, October 7, at 5:45pm.** Entertainer Earl Rosenberg, aka “Mr. Saxman”.

Membership: $18/person, October 2018 – December 2019
Program: $22/members, $27/guests. RSVP by Friday, September 28. Your check is your reservation.

Please make checks payable to: Beth Israel/Hazak. Mail checks to: Vera Kestenberg, 6350 Red Cedar Place, Unit 401, Baltimore, MD 21209.

For more information, please call Gloria Friedman, 410-318-8009, or Harriet Shapiro, 410-358-2711.

SAVE THE DATE! **Sunday, November 4**
Dinner & Entertainment, featuring The Cherelles
Details coming soon!

Audio Loop Assists Worshippers Using Hearing Aids

Beth Israel Congregation of Owings Mills, MD
Beth Israel Community Learning Lab
Beth Israel Preschool

Beth Israel has an Induction Loop System to assist our members who are hearing impaired. This system is available throughout the David Phillip Gresser Sanctuary, the Front Social Hall and approximately the first ten rows of Social Hall Open Seating.

If you need to access the Loop System for the High Holidays:
- Please call the office to ensure that your seats are in the areas where the Loop System is accessible.
- If you have a compatible hearing aid, it will sync to the system if you place it in T-coil mode.
- If your hearing aid is not compatible and you want to access the system, there will be a limited supply of compatible external listening devices available with stereo headphones. Please see one of our ushers for assistance.
It's a pleasure to be back at Beth Israel once again this year and I am especially excited to share some of our fall programming with you. By now, I hope you have heard about Wise Aging, our six-week peer group conversation for a diverse group of 12 congregants ages 60ish to 75ish who would like to explore how to embrace this stage of life with wisdom and joy. Based on a comprehensive curriculum developed by the Institute for Jewish Spirituality in New York, Wise Aging uses a variety of learning modes including text study, contemplative listening, mindfulness and reflection to explore topics relevant to our aging process such as understanding what is special about this stage of life, cultivating nourishing relationships, practicing forgiveness and leaving a legacy.

After a very successful pilot session this spring co-facilitated by Cindy Goldstein, Beth Hecht and myself, we are now recruiting participants for our Fall 2018 group, scheduled to run every other Monday evening from 7 – 9pm beginning October 8. Please visit http://bethisrael-om.org/community/shleimutsupporting-each-other/wise-aging for more detailed information about the program.

Space is limited so please contact me at sshapiro@bethisrael-om.org as soon as possible to learn more about this exciting opportunity or to be considered for the Fall 2018 group.

Want to learn more about Wise Aging in person? Join us during the afternoon break on Yom Kippur to experience a bit of a Wise Aging session and hear from some of our Spring 2018 participants. Come ready to engage and ask questions.

I would also like to take this opportunity to invite adults of all ages to join us on November 1st from 6:45 to 9:00pm for a very important program, Being Mortal: A Call for Conversation about What Matters at the End of Life. The evening will begin with a screening of the Frontline documentary Being Mortal, based on the book of the same title by surgeon and bestselling author, Atul Gewande. The film follows Dr. Gewande on his personal journey as he explores the limitations of the medical profession's efforts to help patients as they age and/or confront life-threatening illnesses. Along the way he challenges us all to reexamine the way we think about death and dying and to engage in conversations early and often about how to live a good life all the way until the very end.

Following the film, we will be joined by four panelists: Rabbi Aaron Blackman of Gilchrist Hospice, Dr. Bruce A. Blumenthal of Oak Crest Village Medical Center, Susan Francis of the Maryland Volunteer Lawyers Service and Michelle Schwartz of the Gilchrist Jewish Advisory Board. Each of our guests will draw upon professional and personal experiences to further the discussion of what matters at the end of life.

This program is free and open to the public. Please encourage your family and friends of all ages to attend as it is never too early to engage in these vital conversations with your loved ones. RSVP is encouraged but not required. Please click below: http://tinyurl.com/BeingMortalConversation or email me at sshapiro@bethisrael-om.org. I hope to see many of you there.

Finally, just a reminder that I am available to provide short-term counseling free of charge to congregants and school families, in-person or over the phone. I am generally in my office on Tuesday afternoons, Wednesday midday and many Sunday mornings. Please check the weekly email for a listing of my hours for the upcoming week as well as for notices of upcoming programs of interest. Feel free to contact me at any time at 410-654-0800 ext. 263 or sshapiro@bethisrael-om.org.

Wishing you and your loved ones a very happy and healthy New Year! L'Shana Tova!

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**Kristallnacht Program**

"Childhood Memories of the Holocaust: A Cantata"

Sunday, November 11, 4pm

_In memory of the 80th anniversary of Kristallnacht_

On November 9/10, 1938, Nazi leaders unleashed a series of pogroms against the Jewish population which came to be called Kristallnacht (The Night of Broken Glass) because of the shattered glass that littered the streets after the vandalism and destruction of Jewish-owned businesses, synagogues, and homes.
The Ethical Life
JEWISH VALUES IN AN AGE OF CHOICE

Led by Rabbi Jay R. Goldstein

From political and financial scandals to rapid progress in biomedical science and technology, the complex issues of modern society are, at their core, issues of ethical and moral concern. Now, more than ever, we require a solid understanding of how Jewish ethics can inform our discussions and decisions about the critical questions of the day.

Each session of The Ethical Life includes a short video lecture featuring JTS faculty members and other expert scholars, text study, and guided group discussion led by Rabbi Jay R. Goldstein. Join us for this unique opportunity to study the sources of Jewish ethics in their original and learn how we can apply them today.

For the first two sessions, your attendance is recommended to create a foundation for the course. The remaining five sessions are stand-alone topics. The course explores critical topics of contemporary relevance, including:

- Does Ethics Need God?
- The Ethical Dimensions of Food Production
- Is Teshuvah Possible? Rethinking Mass Incarceration
- Advance Directives and the Ethics of End-of-Life Care
- Disabilities and the Ethics of Inclusion

Course Dates: Tuesdays at 7pm at Beth Israel Congregation, 3706 Crondall Lane, Owings Mills, MD 21117

October 9, 16, 23, 30
November 6, 20, 27

For more information, please contact Ann Friedman: 410-654-0800 or afriedman@bethisrael-om.org.

This course is made possible through the generous support of The Sabina & Walter Dorn Endowment Fund and JTS’s Hesler Institute for Jewish Studies.
Keep an Eye on your Eyes:
Technologies for Protection

The eyes are more than windows to the soul. With advances in eye health technology, they can also give a unique look into your health. "The eye is a real window into what's happening in your body" - Houmam Araj.

Doctors can get a clear view of your blood vessels, nerves, and connecting tissue without surgery.

'With advances in technology, today's clinical technologies to image the eye are pretty amazing, but are undergoing tremendous advances,' says Dr. Donald Miller, an expert in eye imaging technology at Indiana University. In the future, eye health practitioners will have incredibly more powerful imaging tools than anything we have now.

Some of the new tools will help to identify glaucoma early to help prevent serious vision loss. Other technologies to better detect macular degeneration, a disease that causes early blindness. A huge new imaging technology may help doctors catch cataracts earlier. It seems that the clouding of a cataract increases with age. If caught earlier, a chemical identified could potentially be used as eye drops to reverse cataracts.

Cataracts are the number one cause of blindness worldwide. If you live long enough you will get them. New methods of detection and treatment can impact people everywhere.

If you are interested in the new advances of early detection and treatment, email me at anitameddin@gmail.com. I will be happy to continue with the new technologies that will improve vision as well as help people that are already blind. Dr. Rachel Bishop of NIH; "With these new technologies, you will have the best treatment options and the best chance of preserving good vision."

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Shabbat Around the World

Friday, October 19, 6:13pm
followed by Shabbat dinner

Cantor Jen Rolnick will lead us in song with music from Jewish communities around the world.

Featuring musicians and singers from our own Beth Israel community!

Dinner:
- $22 Adults ages 13+
- $12 Children ages 6 to 12
- $8 Children ages 3 to 5

RSVP for dinner by Monday, October 15
http://tinyurl.com/ShabbatDinnersFall18

Save the Date!
Shabbat Around the World: December 7

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iPads for Kids!

Recently upgraded or replaced your iPad? Do you have more gadgets than you know what to do with? Consider donating your previously used iPads to Beth Israel Preschool and help expand young minds!

Please contact Sherry Caplan
410-654-0803 or scaplan@bethisrael-om.org

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To Your Health
Anita Meddin, RN, OCN
We are so excited to be back at school. We are meeting new friends and connecting with old ones. As we transition into new classrooms and connect with new teachers, we realize how our Beth Israel community relates to our everyday lives. We appreciate the family “vibe” that we feel upon entering the building. As we celebrate Rosh Hashanah and Yom Kippur, we wish everyone a “Happy and Sweet New Year.”

**Giant A+ Bonus Bucks**
Please support our school by registering at your local Giant or online. Our school ID number is 04253. We appreciate your continued support. We have raised several hundred dollars over the past year that helped provide our children with additional materials and supplies. Thank you for your assistance.

**Preschool Calendar**

**September**

- **Mon., Sept. 3**  
  Labor Day – SCHOOL CLOSED
- **Mon., Sept. 10**  
  Rosh Hashanah – SCHOOL CLOSED  
  Chag for Tots
- **Tues., Sept. 11**  
  Rosh Hashanah – SCHOOL CLOSED  
  Chag for Tots
- **Sun., Sept. 16**  
  Shorashim – Apple Picking at Baugher’s 10am
- **Tues., Sept. 18**  
  Erev Yom Kippur - SCHOOL CLOSERS 1pm
- **Wed., Sept. 19**  
  Yom Kippur – SCHOOL CLOSED  
  Chag for Tots
- **Sun., Sept. 23**  
  Shorashim – Decorate the Sukkah
- **Mon., Sept. 24**  
  Sukkot – SCHOOL CLOSED
- **Tues., Sept. 25**  
  Sukkot – SCHOOL OPEN with holiday appropriate activities *(no email use)*
- **Wed., Sept. 26**  
  Preschool Pizza in the Hut

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**HIGH HOLIDAY CHAG FOR TOTS!**

Rosh Hashanah Day 1  
Monday, Sept. 10  
10:15am

Rosh Hashanah Day 2  
Tuesday, Sept. 11  
10:45am

Yom Kippur  
Wednesday, Sept. 19  
10:45am

Beth Israel Congregation is proud to invite you to **COMPLIMENTARY** High Holiday services, geared especially to our families with children ages 2 – 5, led by our very own **Shirley the Shabbat Fairy**!

This year, we welcome special musical guest, **Matt Chase**.

*One hour (approximately) in the Youth Lounge*

RESERVATIONS ARE **REQUIRED**!  
**RSVP:**  [http://tinyurl.com/BIFamilyServices](http://tinyurl.com/BIFamilyServices)
Job seekers should know that behavioral interviewing has become employers’ go-to for getting to know candidates better, and with good reason. A candidate’s past behavior in a given situation is a good predictor for how he or she will act going forward. The technique is so popular that if you Google “behavioral interview questions” you will get back a list of 50 or more – too many for a typical interview.

Here are the four questions that reveal the key skills a successful employee should have. These questions will immediately separate a so-so prospect from a superstar, so be ready with your answers.

1. Describe a conflict you had with a supervisor or colleague, and how you solved it. (Reveals interpersonal skills.)
2. Explain a mistake that you made at work and how you fixed it. (Reveals ability to be accountable.)
3. Describe a time when you agreed to a decision against your will. (Shows willingness to compromise and see the bigger picture.)
4. When did you experience a lot of pressure at work, and how did you work through it? (Gives insight into a candidate’s work-style, especially when times are challenging.)

These bold, specific questions will tell employers a lot about your strengths in a very short time. Make sure you have your answers ready, because there’s a very good chance you will hear them during your interview.

Michael Fine is an Account Executive for the JCS Career Center.

The JCS Career Center offers comprehensive employment assistance that helps job seekers of all abilities and skill levels find and maintain employment. Services include career coaching, career assessments, resume and cover letter services, interview preparation, job readiness training, vocational rehabilitation and job placement assistance. For more information, call 410-466-9200 or visit jcsbaltimore.org.
We are searching for a kidney donor for our mother, Marilyn Uman.

We have been incredibly lucky to have her as our Mother and now we are striving to bring some much-deserved luck to her. Hopefully, she can receive an organ donation and have the ability to keep on “giving to others”, as that is what really gives her joy and pleasure in life.

If this is something you, or somebody you know are interested in learning more about, you can contact our Mom, Marilyn Uman, directly or get the information from her medical coordinators.

All inquiries and information related to them are kept confidential.

Marilyn Uman
email: makeupwithmarilyn@gmail.com
phone: 410-922-1099

Pre-transplant coordinator at Johns Hopkins, Wendy Greenspan email: writejao1jhmi.edu
phone: 410-955-5662

Pre-transplant coordinator at University of Maryland, Sanette Coursey
phone: 410-328-2995

Please share this information with whomever you would like. We appreciate you joining the mission to find an organ donor for our dear Mother. Thank you.

Sincerely,
Felicia Stolusky, Howard Uman and Steven Uman
Mazel Tov to Congregants celebrating “special” life milestones (birthdays and anniversaries). While every birthday or anniversary is a reason to celebrate, if you are having one ending with a five or a zero, we will automatically list your name. We apologize if our records are incomplete or in error. If you do not want your name listed, please call us at least two months in advance.

### September Special Birthdays:

- Carole Minor
- Jennifer Freese
- Mary C. Beker
- Randy Komenski
- Audrey Funk
- Gary Ingber
- Margarete Singer
- Herbert Reines
- Lauri Sacks
- David Berenson
- Sheri Stern
- Hy Luft
- Jack Gresser
- Peggy Goodman

### September Special Anniversaries:

- Esther & Jerry Katz
- Beverly & Sheldon Rubenstein

### October Special Birthdays:

- Jonathan Kushner
- Robert Mazer
- Lawrence Mann
- Kay Schuster
- Doris Sugar
- Michael Silver
- Judith Zeigenfuse
- Paul Hurwitz
- Marc Lipton
- Frank Friedman
- Louise Macks
- Robert Harris
- Lloyd Snow
- Jay Berkowitz
- Irene Himelfarb
- Joel Charkatz
- Howard Berg
- Daniel Ross
- Rheta Rosen
- Lee Rudolph
- Carolyn Mann
- Rachel Glaser
- Bernard Raynor
- Melvin Heitt

### October Special Anniversaries:

- Paula & Richard Hoffman
- Barbara & Neil Demchick
- Jan & Stewart Braunstein

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### Thank You

To my Beth Israel family,

Thank you for your phone calls, cards, offers of help, and contributions during the past several weeks. I am grateful for each one.

~ Penny Kafka

Dear Beth Israel Community,

"The world stands on three things: On the Torah, on prayer, and on acts of loving kindness."

Pirkei Avot 1:2.

I wanted to take a moment to thank all of you who made contributions in my Grandmother Ruth's memory. She lived a long life, blessed to see, hold, and love her 7 great grandchildren. She would have loved all the outpouring of support for my family during this time. Thank you for being our family in Owings Mills.

Shanah Tovah

~ Rabbi Marc Blatt

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Beth Israel Celebrates

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Beth Israel Mourns

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Beth Israel's Chesed Committee is Here for You

- Call if someone is in the hospital
- Call if someone is ill
- Call if you or someone needs help

Call Henry Foxman, 410-833-5585
Sincere thanks and appreciation to those who remember to honor their friends and loved ones through their generous contributions.

**CLAIRE AND KEN SODDEN MEMORIAL YOUTH FUND**

**IN MEMORY OF:**
- Dr. Morton Krieger by Charlene Berger
- Hannah Goodman by Ilene & Allan Blumberg, Rita & Ina Meier, Sue & Phil Ruben, Paula & Lou Friedman, Rheta Rosen
- Harriett Kaplan by Lois Wolf, Tam, Alan & Michelle Levitas
- Ruth Levine by Stephanie & Rodney Blockston & Family, Sue & Phil Rabin, Paula & Lou Friedman
- Tillie Rosenfeld by Stanley Merwitz

**IN HONOR OF:**
- The Special Birthday of Phil Rabin by Lois Wolf
- The Special Birthday of Al Bard by Vera Kestenberg

**SPEEDY RECOVERY:**
- Penny Kafka by Gail Potashnick
- Judy Miller by Ilene & Al Bard, Lois Wolf
- Nadine Weinstein by Ilene & Allan Blumberg
- Herb Reines by Paula & Lou Friedman

**GOLDIE GORN EDUCATION FUND**

**IN MEMORY OF:**
- Olga Grilli by Elise and Paul Dunetz
- Liz Wolfson by Ellen and Max Naftaniel, Toby August, Ellie & Allen Cohen
- Ruth Levine by Marion & Howard Katz, Roz & Henry Foxman, Fran & Billy Chase, Sandy & Howard Bernheim
- Hannah Goodman by Roz & Henry Foxman, Sandy & Howard Bernheim, Fran & Billy Chase
- Jerome Saroff by Doris Sugar

**IN HONOR OF:**
- Al Bard’s Special Birthday by Sandy & Howard Bernheim
- The special birthday of Jerry and the special anniversary of Shelbie & Jerry Wissel by Joanne Mandel
- The special birthday of Phil Rabin by Sandy & Howard Bernheim

**SPEEDY RECOVERY:**
- Penny Kafka by Roz and Henry Foxman, Sandy & Howard Bernheim

**BETH ISRAEL FUND**

**IN MEMORY OF:**
- Harriet Kaplan by Goldie Teitelbaum
- Marian Bushel by Goldie Teitelbaum

**IN HONOR OF:**
- The Special Birthday of Ray Weinstein by Lisa Pintzuk
- The Special Birthday of Al Bard by Lois Wolf

**RABI BLATT’S DISCRETIONARY FUND**

**IN MEMORY OF:**
- Ruth Levine by Elaine Meisels, Hornstein Family
- Irvin Zeigenfuse by Judy Zeigenfuse
EXPERIENCE SHABBAT AT BETH ISRAEL

Special Shabbattot
• Soup in the Sukkah
  Friday, September 28
• Friends of the IDF Shabbat
  Saturday, October 20
• Kol Echad: Sensory Friendly
  Saturday, November 10
• Reverse Service
  Saturday, January 5
• Cholent/Chili Cookoff
  Saturday, February 23
• Claire Sodden Mem.
  Weekend: February 1-3
• Brotherhood Shabbat
  Saturday, March 2
• Sisterhood Shabbat
  Saturday, March 9
• Hazak Shabbat
  Saturday, May 4

Alternative Minyan
Saturday at 10:15am
October 13, December 22

Mini-ReJewvenate
Saturday at 10:15am
November 10, April 13, May 11

Shababa (ages 2-5)
Friday at 5:30pm
(followed by potluck dinner)
October 5, November 2,
January 4, February 1

Shababa (ages 2-5)
Saturday at 10:15am
October 13, November 3,
December 1, January 19

Beginyan (ages 5-11)
Saturday at 10:30am
October 20, November 17,
December 15, January 19

TGIF Shabbat (family-friendly)
Friday at 6:45pm
October 5, November 2,
January 4, February 1

RABBI GOLDSTEIN’S DISCRETIONARY FUND

IN MEMORY OF:
Steven Kasin by Michele Kasin

IN HONOR OF:
Ira Hurwitz becoming a Bar Mitzvah by Risa & Robert Hurwitz

IN APPRECIATION OF:
Baby naming of granddaughter, Ryleigh Tovah Orban, by Ellie & Allen Cohen

IN COMMEMORATION OF:
Unveiling ceremony for Marlyn Forman by Jordan and Ryan Forman & their families

CANTOR ROLNICK’S DISCRETIONARY FUND

IN MEMORY OF:
Steven Kasin by Michele Kasin

IN HONOR OF:
Cantor Rolnick’s Installation by Dr. Lester & Arlene Caplan,
Charlene Berger
Ira Hurwitz becoming a Bar Mitzvah by Risa & Robert Hurwitz

IN APPRECIATION OF:
Baby naming of granddaughter, Ryleigh Tovah Orban by Ellie & Allen Cohen

YAHZEIT CONTRIBUTIONS

Veronica Kestenberg
Rona Kogan
Loretta Krieger
Louise Mack
Joan & Fred Magaziner
Joanne & Jared Mandell
Edith & Ronald Meyers
Nancy & Marc Muser
Ellen & Max Naftaniel
Gayle Newman
Gail Potashnick
Joan & Daniel Ross
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Marshall Spatz
Beverly & Michael Stuck
Barbara & Jeffrey Tapper
Asya Volinsky
Randi & Larry Waskow
Nadine & Ray Weinstein
Lane & Eugene Weinzweig

2 Convenient Locations to Serve You

11299 Owings Mills Blvd.
Crondall Corner Shopping Center
Owings Mills, MD 21117
410-356-9600

1852 Reistertown Rd.
Woodholme Shopping Center
Pikesville, MD 21208
410-653-1881

PARSONIZING

“The Name You Can Trust”

Specializing In: Fine Dry Cleaning | Expert Shirt Service
Elegant Handcleaning | Expert Alterations
**September/October 2018**

**September**

1. **SATURDAY – Selichot**
   - 9:30 am Shabbat Morning Services
   - Bar Mitzvah: Dylan Berkowitz
   - 7:30 pm Mincha/Maariv/Havdallah
   - 8:20 pm Selichot Program
   - 9:00 pm Selichot and Memorial Plaque Dedication followed by Collation and Reception

3. **MONDAY – Labor Day**
   - Office Closed
   - 9:00 am Morning Minyan
   - 5:40 pm Evening Minyan

7. **FRIDAY**
   - 6:00 pm Kabbalat Shabbat
   - 7:10 pm Candlelighting

8. **SATURDAY**
   - 9:30 am Shabbat Morning Service
   - 7:20 pm Mincha/Maariv/Havdallah

9. **SUNDAY – Erev Rosh Hashanah**
   - 9:00 pm Morning Minyan
   - 5:50 pm Mincha
   - 6:00 pm Maariv

10. **MONDAY – Rosh Hashanah Day 1**
    - Office Closed
    - 8:30 am Morning Service
    - 10:15 am Tot Chag
    - 10:30 am Family Service
    - 10:30 am Youth Programs
    - 10:45 am Learning w/Rabbi Marc Blatt
    - 5:15 pm Tashlich
    - 6:00 pm Evening Service

11. **TUESDAY – Rosh Hashanah Day 2**
    - Office Closed
    - 8:30 am Morning Service
    - 10:30 am Youth Programs
    - 10:45 am Learning w/Rachel V. Glaser
    - 10:45 am Beit-BIOM (young adult) Learning w/Rabbi Marc Blatt
    - 10:45 am Tot Chag
    - 6:00 pm Evening Service

14. **FRIDAY**
    - 6:00 pm Kabbalat Shabbat
    - 6:30 pm Candlelighting

15. **SATURDAY**
    - 9:30 am Shabbat Morning Service
    - 7:10 pm Mincha/Maariv/Havdallah

16. **SUNDAY**
    - 10:00 am Apple picking at Baugher’s

18. **TUESDAY – Kol Nidre**
    - 6:30 pm Mincha
    - 6:45 pm Kol Nidre Services
    - 6:45 pm Youth Services

19. **WEDNESDAY – Yom Kippur**
    - Office Closed
    - 9:30 am Morning Service
    - 10:45 am Tot Chag
    - 11:00 am Family Service
    - 11:15 am Learning w/Rabbi Marc Blatt
    - 1:30 pm (approximately) Yizkor/Sermon
    - 3:15 pm Afternoon Break and Programs
    - 5:00 pm Mincha
    - 6:30 pm Neilah
    - 7:45 pm Final Shofar

21. **FRIDAY**
    - 6:00 pm Kabbalat Shabbat
    - 6:41 pm Candlelighting

22. **SATURDAY**
    - 9:30 am Shabbat Morning Service
    - 7:00 pm Mincha/Maariv/Havdallah

23. **SUNDAY – Erev Sukkot**
    - 9:30 am Sukkah Building

24. **MONDAY – Sukkot Day 1**
    - Office Closed
    - 9:15 am Sukkot Service

25. **TUESDAY – Sukkot Day 2**
    - Office Closed
    - 9:15 am Sukkot Service
    - 5:40 pm Evening Minyan

26. **WEDNESDAY**
    - 7:30 pm Sisterhood in the Sukkah

27. **THURSDAY**
    - 6:30 pm Steak & Scotch in the Sukkah

28. **FRIDAY**
    - 6:00 pm Kabbalat Shabbat
    - 6:14 pm Candlelighting

29. **SATURDAY**
    - 9:30 am Shabbat Morning Service
    - 10:15 am Niggunim & Namaste w/Cantor Jen Rolnick
    - 6:25 pm Mincha/Maariv/Havdallah

30. **SUNDAY**
    - 11:30 am Pizza in the Hut

October

1. **MONDAY – Shemini Atzeret/ Erev Simchat Torah**
    - Office Closed
    - 9:15 am Shemini Atzeret Service/Yizkor
    - 6:00 pm Mincha/Maariv
    - 6:00 pm Family Activities
    - 6:30 pm Hakafot Festivities

2. **TUESDAY – Simchat Torah**
    - Office Closed
    - 9:15 am Simchat Torah Service
    - 5:40 pm Evening minyan

5. **FRIDAY**
    - 5:30 pm Shababa, followed by potluck
    - 6:25 pm Candlelighting
    - 6:45 pm TGIF Shabbat

6. **SATURDAY**
    - 9:30 am Shabbat Morning Service
    - 10:15 am Niggunim & Namaste w/Cantor Jen Rolnick
    - 6:35 pm Mincha/Maariv/Havdallah

7. **SUNDAY**
    - 10:00 am Hebrew Class
    - 5:45 pm Hazak Program

9. **TUESDAY**
    - 7:00 pm Learning/JCS Series: The Ethical Life w/Rabbi Goldstein

10. **WEDNESDAY**
    - 7:30 pm Sisterhood Program

11. **THURSDAY**
    - 8:30 am Habitat for Humanity

12. **FRIDAY**
    - 6:00 pm Kabbalat Shabbat
    - 6:14 pm Candlelighting

13. **SATURDAY**
    - 9:30 am Shabbat Morning Service
    - Bar Mitzvah: Rylin Bloom
    - 10:15 am Shababa
    - 10:15 am Alternative Minyan
    - 6:25 pm Mincha/Maariv/Havdallah

14. **SUNDAY**
    - 9:30 am Brotherhood Breakfast
    - 10:00 am Hebrew Class

16. **TUESDAY**
    - 7:00 pm Learning/JCS Series: The Ethical Life w/Rabbi Goldstein

19. **FRIDAY**
    - 6:04 pm Candlelighting
    - 6:13 pm Shabbat Around the World, followed by dinner

20. **SATURDAY**
    - 9:30 am "Lone Soldier" Shabbat
    - 6:15 pm Mincha/Maariv/Havdallah

21. **SUNDAY**
    - 9:30 am Brotherhood Breakfast
    - 10:00 am Hebrew Class

23. **TUESDAY**
    - 7:00 pm Learning/JCS Series: The Ethical Life w/Rabbi Goldstein

26. **FRIDAY**
    - 6:00 pm Kabbalat Shabbat
    - 5:54 pm Candlelighting

27. **SATURDAY**
    - 9:30 am Shabbat Morning Service
    - 6:05 pm Mincha/Maariv/Havdallah

28. **SUNDAY**
    - 10:00 am Hebrew Class

30. **TUESDAY**
    - 7:00 pm Learning/JCS Series: The Ethical Life w/Rabbi Goldstein
OFFICERS
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Heidi Hoffman.................................1st Vice President
Scott Gensler.................................2nd Vice President
Ellen Feinerman ......................3rd Vice President
Len Rus ........................................Treasurer
Beth Hecht .........................Financial Secretary
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Becca Rosenfelt ................Program Coordinator
Dana Snyder .....................Communications Coordinator
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Rachel V. Glaser .......Director of Education Emeritus
Marcy Snow .....................Bonim & Machar Advisor
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Sarah Shapiro & Anita Meddin

GABBAIM
Abraham Teitler zt”l, Gabbai Emeritus
Jerome Frankle zt”l, Gabbai Emeritus

Affiliated with
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September/October 2018
Elul 5778 – Tishrei 5779
אלוול תשע״ח – תשרי תשע״ט

Schedule of Shabbat Services

Friday Evening Kabbalat Shabbat
September 7, 14, 21, 28..............6:00 pm
October 5 (Shababa) ...............5:30 pm
October 5 (TGIF) ......................6:45 pm
October 12, 19, 26.........................6:00 pm

Shabbat Mornings
Shacharit.................................9:30 am
Alternative Minyan: Oct. 13....10:15 am
Shababa: Oct. 13......................10:15 am
Beginyan: Oct. 20 ...............10:30 am

Saturday Evenings
September 1 ......................7:30 pm
September 8 ......................7:20 pm
September 15 ......................7:10 pm
September 22 ......................7:00 pm
September 29 ......................6:50 pm
October 6 ......................6:35 pm
October 13 ......................6:25 pm
October 20 ......................6:15 pm
October 27 ......................6:05 pm

Spread the Love!
Beth Israel is sending Happy New Year postcards to your college student or young adult, and care packages for Chanukah.
Cost: $10 for each Chanukah Care Package (includes shipping).
PLUS...preorder a Purim care package (to send in February).
Cost is $18 for both, (includes shipping).
http://tinyurl.com/CollegeCarePackages1819