ICMYI: President’s 5779 High Holiday Speech see pages 2, 11
Shleimut: Re-Invent Yourself in Midlife see page 3, 7
Sports Night with Edwin Mulitalo see page 5
Beth Israel in Photos see pages 8-9
Shabbat Around the World Chanukah Edition see page 15

Childhood Memories of the Holocaust: A Cantata
SUNDAY, NOVEMBER 11 • 2PM

Commemorating the 80th Anniversary
KRISTALLNACHT 1938

Free & open to the community. RSVP requested.
https://tinyurl.com/kristallnachtmemories

The Night of Broken Glass

SPONSORED BY THE SANDY AND HOWARD BERNHEIM LEADERSHIP INITIATIVE
IN MEMORY OF THEIR PARENTS, BERTHA & MAX BERNHEIM AND SYLVIA AND SAMUEL STONE

NO SUNDAY EVENING MINYAN
Daily Minyan Schedule
Weekday Mornings 7:00 a.m.
Sunday Mornings 9:00 a.m.
Weekday Evenings 5:40 p.m.

Heshvan – Kislev 5779
חשון – כסלו תשע״ט

November 2018

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I will start with a short story. A young boy is interested in becoming a rabbi. He asks to speak with his rabbi about the rabbi’s job and responsibilities. The young boy says to the rabbi “What do you do all week besides give a fifteen-minute sermon every Saturday?” The Rabbi replies, “You do not sound like you want to be a rabbi, you sound like a synagogue president.”

Being a synagogue president is not something I ever expected to be when I was growing up. But I am glad that I have accepted the challenge. The past year has gone by very quickly. It seems like I was just giving my Yom Kippur speech last year. We, as a congregation have celebrated together this past year...Cantor Rolnick’s wonderful installation weekend and a very successful fundraiser with “Dueling Pianos” immediately come to mind. The recent Barchu and Barbeque was a fun, community building event.

Thank you to the clergy and staff for all their hard work over the past year:

Thank you to the Executive Committee – Heidi Hoffman, Scott Gensler, Ellie Feinerman, Len Rus, Beth Hecht, Jason Taule, Melissa Adler, Randall Singer and Randi Buergenthal. I appreciate your time and effort on behalf of Beth Israel. I also want to thank our members of the Board of Trustees. Thank you for helping Beth Israel. But mostly, I want to thank the membership for their continued support and participation.

The past year has been a challenging one for Beth Israel staff wise. Our pre-school director left last December to help his ill father. Sharon Dobson passed away unexpectedly earlier this year. I know that her presence is missed in the front office. Andy Katz resigned a few months ago to move closer to his family in New Jersey.

While the staffing vacancies have been a major cause of concern for the Executive Committee and the Board, we are fortunate that Sherry Caplan has done a great job with seamlessly keeping the preschool running. Charla Simms has tried to help stabilize the front office.

As we move into the next year, many challenges lie ahead. Membership has been slowly declining for years. The costs associated with our building are variable. Howard Gartner and Fred Needel have reminded me on more than one occasion about the potential large potential costs associated with our building, including pending roof and HVAC repairs. I thank Howard and Fred for their tireless efforts on behalf of our congregation.

I now want to address a recurring conversation that I have heard both inside and outside of Beth Israel. Over the past year or so, I have heard comments (some directly and some indirectly) that “there is nothing at Beth Israel for me, or for my family.” In fact, last weekend, a friend of mine with two children in college and who belongs to another synagogue told me that “there is nothing for him at his synagogue.” I cringe every time that I hear this comment.

I recently read an article from Rabbi Paul Kipnes titled “How Does Being a Synagogue Member Make My Life Better.” Rabbi Kipnes is a reform rabbi at a synagogue in Calabasas, California. I am going to paraphrase Rabbi Kipnes and respond to the comment “that there isn’t anything at Beth Israel for me.” By the way, you could insert the name of most conservative and reform synagogues in the country in the place of Beth Israel.

Will being a member of Beth Israel make you physically healthy? No, you should join a gym and watch what you eat.
As you may know, summer is a time when I tend to catch up on reading. This year was no exception, and perhaps my best read was *Life Reimagined: The Science, Art, and Opportunity of Midlife* by former NPR correspondent, Barbara Bradley Hagerty (Riverhead Books, 2016). Life Reimagined combines personal storytelling and exhaustive research into a very well-written and fascinating read about the possibilities of midlife.

Stereotypically, midlife is that time when we get depressed and make desperate attempts to retain our youth and guarantee our immortality as it dawns on us that there may be more of life behind us than in front of us. But, it turns out that midlife does not have to be a time of crisis and decline; rather, midlife provides us with ample opportunity to choose growth and purpose.

Hagerty highlights four avenues to a rich and meaningful midlife:

- **Engage with energy and intentionality** – it is vitally important to avoid operating on autopilot during midlife. Instead, explore new interests, take chances, invest in your marriage, and reappraise your career. Hagerty shares research suggesting that an engaged mind is a healthy mind – those who find each day meaningful are less likely to decline cognitively than those who exercise, eat right, are highly educated or had a happy childhood.

- **Choose long-term purpose and meaning over short-term happiness** – while happiness may often feel better in the moment, those who have a reason to get up in the morning are more likely to thrive in their old age. In fact, Hagerty reports “purpose in life is more important than education or wealth in determining long-term health and happiness”. Additionally, those who thrive in midlife and beyond tend to invest their energy outward and into causes larger than themselves.

*(Shleimut, continued on p7)*
Sisterhood is sad to inform you that our dear president, Penny Kafka, passed away during Sukkot on September 22. She will be dearly missed. Penny had lung cancer that took her quickly from us. She was Sisterhood co-president with Edie Meyers, then she took on the position alone. Penny was great in this leadership role with respect, kindness and camaraderie within Sisterhood and Seaboard Region.

Another one of our board members, Sandi Mervis, passed away on September 28. Sandi had been a board member with many jobs, the last was the "200 Club". She had been in the hospital with pneumonia, then rehab, then back to the hospital. Sandi will be greatly missed.

Now down to Sisterhood business. I was voted in by the executive board to continue Penny’s term. If anyone has any questions, please don’t hesitate to call me on my cell, 443-416-8104, or send me an email, pudgiekirsh@gmail.com (“Pudgie” is my nickname!)

The **Mod Podge challah plate activity** originally scheduled for Sukkot will be rescheduled, stay tuned for details.

**November 14** is the **Sisterhood Fall Dinner** (for paid-up Sisterhood members.) This year, our entertainment is by *The Foggy Bottom Four* barbershop quartet. Don’t forget to RSVP and send your payment prior to the event.

Don’t forget the *Gemilut Hasadim: Acts of Loving Kindness*. Sisterhood is still collecting items for charitable groups in our community. Please place your items in the bins that are in the bench located in the sanctuary lobby. Only new, unopened toiletries, please.

- **November**: Knitted scarves, hats and gloves – donations to Jewish Volunteer Connection
- **December**: Kids’ toys and adult grooming items – donations to Jewish Volunteer Connection
- **Ongoing through December 21**: Adult socks – to be included in JVC’s winter care packages

Beth Israel’s Book Club meets the first Wednesday of each month.

On **November 7**, we will review *DollBaby* by Laura Lane McNeal.

On **December 5**, we will review *The Bad Daughter* by Joy Fielding.

We meet at someone’s home at 7pm. If you are interested in attending a Book Club meeting, please contact Ellen Naftaniel for details, ellenn894@gmail.com or 410-458-9364.

**Attention Mah Jongg Players!**

Order your 2019 Mah Jongg cards now!

Help raise money for Sisterhood while enjoying the game. Ask your friends and neighbors!

Standard cards are $8, large print cards are $9. Your cards will arrive in April.

Please send in your orders by January 15, 2019 to: Judi Cataldo, 2800 Stone Cliff Drive. #108, Baltimore, MD 21209.

Please include names, addresses, and phone numbers. Checks should be made out to Beth Israel Sisterhood.

Questions? judicat@verizon.net or 410-602-1132.

Thank you for supporting Beth Israel Sisterhood.
Brotherhood

The Brotherhood's fall schedule is in full swing. Unlike the Wicked Witch of the West, Brotherhood didn't melt in the rain when setting up the Sukkah. I am so proud of the volunteers who came out to help. A special THANK YOU goes out to: Seth, Mark, Fred, Brion, Scott, Bill, David, Jeff, Andy, Jeff, Allan, Jeff, Steve, Rodney, Barry, Stu, Jon, Sean, and Rachel.

Upcoming events:

- Tuesday, November 13: Sports Night – Edwin Mulitano
- Sunday, December 9: Breakfast – Jews In Military (Revolutionary War, War of 1812, and The Civil War) with Harry Ezratty, Esq.
- Sunday, January 20: Breakfast – Stan Stovall

We look forward to seeing you at our programs and having you as a member of the Beth Israel Brotherhood. Membership is $60 for 1 year, $100 for 2 years, or $400 for a lifetime membership. Please feel free to contact me at bethisraelbrotherhood@yahoo.com.

Get Involved!

Beth Israel in the Community: Habitat for Humanity

Want to help build houses for deserving families? No experience necessary! You can help for all or just part of the day, 8:30am to 3pm.

Our next adventures are Friday, December 7 and Friday, January 18. For more info, please contact Seth Glassman, 443-928-4562 or skgdds@hotmail.com.
The custom of sponsoring a Kiddush is a wonderful way to share your joy and at the same time support Beth Israel.

You can honor a person, remember a loved one, or celebrate a simcha. Your sponsorship will appear in the Shabbat Program that week and in the following month's issue of the Guide.

As a community we delight in each other's simchas, and would be honored if you share yours with us. Contact Ann Friedman at 410-654-0800 x210 or afriedman@bethisrael-om.org.

September/October Kiddush Sponsors & Contributors
- Beth Israel Sisterhood.
- Richard Berkowitz and Esther & Jay Berkowitz in honor of their son and grandson Dylan becoming a Bar Mitzvah.
- Sherri Abraham & Layne Herman in honor of their Aufruf.
- Barbara & Michael Freilich in celebration of Sukkot.
- Tami & Stuart Fine and Leslie & Scott Wasserman.
- Arlene & Marc Ellison, Devera Ellison & Margaret Stern in honor of the Aufruf of Lauren Ellison & Myles Poster.
- Sherri & Joel Bloom in honor of Rylin becoming a Bat Mitzvah.
- Doris Sugar in honor of her 75th birthday.
- Rheta Rosen in honor of her 80th birthday.
- Risa & Robert Hurwitz and Elliott Hurwitz in honor of the 90th birthday of their father, Paul Hurwitz.
- Sue & Phil Rabin in commemoration of Eudice Lowenthal's first Yahrzeit.
- Rachel & Rick Gerlach in honor of their 70th birthdays.

Kol Echad:
Inclusive Shabbat Service
Saturday, November 10
11am – 11:45am

Please join us for an interactive, hands-on Shabbat service for children with special needs and their families.

Kol Echad is an inclusive Shabbat experience designed by six Baltimore synagogues in collaboration with Shemesh, the Center for Jewish Education, and the Associated. Kol Echad is geared toward children with autism and sensory-processing disorders, but is open to all. During the program, sensory products - such as fidget toys, crash pads, weighted blankets and florescent light covers – are available to participants.

RSVP: baltimorekolechad@gmail.com, 240-415-8922

Thank you to Sue & Phil Rabin for donating Sensory Shabbat kits in honor of Saul Rabin, who taught in the school for many years.

WATCH US LIVE!
Shabbat Mornings, Holidays & Special Events
Now, worship with your Beth Israel community is only a click away! It’s simple. As long as you have a computer or smart phone, you can watch services live streamed from our website.

Just log on to bethisrael-om.org, and click the Watch our Services button located on every page.

If you could not make it to services, watch it live, or if you want to watch again, click on Previous Broadcasts.

Made possible by The Stein Family and Friends of Jerry Stein
Choose long-term purpose and meaning over short-term happiness – while happiness may often feel better in the moment, those who have a reason to get up in the morning are more likely to thrive in their old age. In fact, Hagerty reports “purpose in life is more important than education or wealth in determining long-term health and happiness”. Additionally, those who thrive in midlife and beyond tend to invest their energy outward and into causes larger than themselves.

Think positively – how you think about and approach life acts as a strong determinant of your experience. While genetics and circumstances do much to shape your life, your thinking will influence how well you adjust to life’s ups and downs.

Invest in relationships – the quality of your friendships is more likely to lengthen your life than prudence, IQ, financial resources, genetics, etc. And those engaged in doing for others fare even better. Haggerty cites research suggesting that having friends can make you healthier by “prompt[ing] you to turn off stress hormones, lower your blood pressure, reduce your levels of inflammation, and boost your immune system.” Conversely, loneliness can be as or even more detrimental to your health as alcoholism, smoking 15 cigarettes a day, or obesity. Surprisingly, those who have solid friendships are better off in midlife and beyond than those with close family relationships, perhaps because you can choose to keep the friendships that benefit you, but may have difficulty jettisoning the challenging family relationships.

Life Reimagined is full of other pointers for preserving physical and mental health in midlife and beyond, such as: exercise is the key to maintaining cognitive acuity and reducing heart disease and heart attacks; resilient people have strong social networks and allow others to help them; your way of thinking can be as effective in reducing chronic pain as drugs or surgery.

Above all else, in Life Reimagined, Barbara Bradley Hagerty encourages us to engage with zest at midlife. Though we may want and feel like we deserve to relax at this stage of our lives, Hagerty maintains that the research of many overwhelmingly suggests that “autopilot is death” and making the harder choice at each crossroads is the key to a rich and meaningful second half of life.

Preschool

What a wonderful Fall holiday season! We enjoyed Apple Picking at Baugher’s, singing with Shirley, the Shabbat Fairy at Chag for Tots and creating decorations at Decorating the Sukkah. We ate Pizza in the Sukkah and marched at Sukkot and Simchat Torah services. Each age group in the preschool built a unique sukkah for their classroom. October was a giving month as we collected shoes with the Learning Lab and came together on Pink Sunday to honor Breast Cancer Awareness Month.

This month, we will study and celebrate Thanksgiving, giving special attention to the journey, our friendships and, of course, the food! Our Thanksgiving study culminates in the form of a museum. Here, parents and congregants can observe through photographs, writing and art the process in which our children learn. Our PTO is having a Vendor Fair on November 20 from 5pm-8pm. Come visit and buy some gifts from local vendors. We would like to thank Fred Needel for all of his work in the Preschool! Thank you to Steve Wiener for his contribution. And we also give thanks to all of our family, friends and our Beth Israel family.

November

Sun., 11 Parent meeting for next year’s Pre-K
Tues., 20 Vendor Fair 5pm-8pm
Wed., 21 All-School Thanksgiving Program in the Sanctuary, followed by Social Hall time: tba
Thur., 22 Thanksgiving - SCHOOL CLOSED
Fri., 23 Thanksgiving Break - SCHOOL CLOSED
Wed., 28 Chanukah Shop
Thu., 29 Chanukah Shop

December

Sun., 2 First Chanukah candle
Tues., 4 Shorashim - Chanukah Lights
Fri., 21 SCHOOL CLOSES at 3:30pm
Mon., 31 Winter Break - SCHOOL CLOSED
Tues., Jan. 1
What’s Happening

BICLL

Joint Sisterhood Committee Meeting

BICLL

BICLL

BICLL

Pizza in the Hut
at Beth Israel

Brotherhood Sukkah Building

Baltimore County Executive Community Forum

Preschool Apple Picking

Preschool

Preschool First Friday

Preschool First Friday

L to R: Johnny “O” Olszewski (D), Brotherhood President AJ Stolusky, Al Redmer (R)
I was seven months pregnant with my second child and I was unhappy at my job. The work had left me unfulfilled and disengaged and I no longer wanted to pursue my current field of Human Resources. Working while having young children is hard enough, but if you are frustrated and unsatisfied at work, it can lead to a very stressful home life. My family life was suffering and I knew I needed to make a change.

What I learned was that I was not alone. Many people end up with careers different from what they studied in college. Life happens. Priorities change. According to Careers-Advice Online, the average person will make a career change about 5-7 times during their working years.

Even when you’re motivated to make a career move, it’s hard to know where to start. One of the best options is a career center because they offer a variety of services for people looking to start anew. If you’re unsure what field you’d like to pursue, a personality assessment can offer some suggestions. If you like working with people, consider counseling. If math is your passion, look into accounting. If computers float your boat, contemplate a career in information technology.

Once you have a direction, you can start exploring specific options. Here are some tips to help you move forward.

- **Research** – Read up on careers that might interest you. Be sure to check out salary, job availability, and educational requirements to make sure all your expectations will be met. Some helpful websites:
  - **Gateway to Careers**
    http://www.gatewaytocareers.com/
  - **O*net online**
    http://www.onetonline.org/
  - **Riley Guide**
    http://www.rileyguide.com/careers/
  - **Bureau of Labor and Statistics**
    http://www.bls.gov/ooh/

- **Use your network** – Look into your current network of contacts to see if they know anyone in your field of choice. LinkedIn is a great resource to get and stay connected. The JCS Career Center offers clients ‘How to’ workshops for LinkedIn.

- **Informational Interviewing** – If the employer you want to work for doesn’t have any current openings, ask to schedule an appointment anyway. This allows you to learn more about a particular company, while putting yourself out there with little or no pressure. Sometimes you can get advice or learn from someone else’s experience.

- **Job Shadowing** – This is a great way to see if you really want to pursue this new job before you take the plunge. Through job shadowing, you are able to see what a typical day is like and what types of daily tasks you work on.

- **Volunteering** – Offering your services for free shows a potential employer that you are dedicated and might be a good fit for the company. Not only will you gain valuable experience, but if a position opens up, you might get moved to the top of the list.

It’s important to remember that changing career fields is a big step. It doesn’t happen overnight. Allow the process to play out to ensure the new profession is everything you thought it would be. It took me over a year to land my position as a Career Coach at JCS. I can definitely say it was worth the wait.

Jaclyn Ades is a Career Coach for the JCS Career Center.

The JCS Career Center offers comprehensive employment assistance that helps job seekers of all abilities and skill levels find and maintain employment. For more information, call 410-466-9200 or visit jcsbaltimore.org.
Will being a member of Beth Israel make you more physically beautiful? No, you should go to a beauty shop or buy new clothes from JS Edwards or A Style Studio (both of which are owned by Beth Israel members).

Will being a member of Beth Israel make you wealthier? No, you should try to get a higher paying job or reduce your living expenses.

Will being a member of Beth Israel make you more mentally stable? No, unless you utilize Shleimut or our clergy. Otherwise, please go see a therapist.

Will being a member of Beth Israel help occupy all of your time now that your children have left your home. No, you should develop more outside interests and expand your social interests in the community. We live in an area that is full of opportunities for a multitude of ways to spend your time.

But here is what being a member of Beth Israel will do for you and your family.

It means that you always have a place to turn when you are in need.

It means that you have a spiritual home. This home will always be here for you. It is similar to your bedroom when you left home for college. It will be there waiting for you when you come home for a break.

It means that you have a place to go to sing Mi Shebeirach when you or someone you know is in pain.

It means that you have a place to say Kaddish when a loved one passes away.

It means that you are able to participate in our wide variety of Lifelong Learning sessions and other programming. Thank you to Saundra and David Madoff for your efforts with the Lifelong Learning Committee.

It means you can be part of a youth group, Sisterhood, Brotherhood, or Hazak.

It means that you take responsibility for the next generation, like the previous one did for yours.

It’s not about money, because everyone can be a member of Beth Israel regardless of their personal finances. It’s about demonstrating a commitment to community.

We live in a world that is heavily influenced by consumer values: “What do I get if I pay?” This seems to be the root of the comment that “there isn’t anything at Beth Israel for me.” Judaism transcends this question, asking instead, “What will being part of a community do for our world, for all people, for our people, for our community?”

If this is how you want to think, then being a member of Beth Israel makes sense for you and your family – and if not, well, Beth Israel will still be here for you if you ever decide you do want to come back to Beth Israel. But instead of saying, “Beth Israel has nothing for me,” get involved. Organize a program with a group of friends, be proactive and make things happen. It almost reminds me of JFK’s famous quote, ask not what Beth Israel can do for you, but what can you do for Beth Israel. Lend us your expertise, your ideas! Become a part of the community.

So, in response to the previous questions:

Judaism and being a member of Beth Israel can make you feel more beautiful because you feel better about yourself when you are spiritually centered. Paraphrasing Rabbi Kipnes, “You will feel richer because you will have enriched your life and those of others. You will feel smarter because you will be able to partake in 5,000 years of Jewish knowledge. You will be more mentally stable because you will have adjusted the balance of the mind, body, spirit.” Of course, all this assumes that you are not just a member of Beth Israel, but that in the coming year, each of you will participate, and connect with everything Beth Israel has to offer.

(Ann Friedman, 410-654-0800 or afriedman@bethisrael-om.org)
Mazel Tov to Congregants celebrating “special” life milestones (birthdays and anniversaries). While every birthday or anniversary is a reason to celebrate, if you are having one ending with a five or a zero, we will automatically list your name. We apologize if our records are incomplete or in error. If you do not want your name listed, please call us at least two months in advance.

November Special Birthdays:

- Douglas Hoffman
- Roslyn Foxman
- Bruce Fried
- Jeffrey Stern
- Ilene Blumberg
- Gilda Greenberg
- Susan Cohen
- Diane Gartner
- Fred Frank
- Ronald Sutton
- Craig Freter
- Stuart Trippe
- Becca Rosenfelt
- Nicole Ryan
- Carol Elover
- Ellen Donen

November Special Anniversaries:

- Eileen & Jerry Chiat
- Barbara & Jeffrey Tapper

نظر

Thank you very much for your generous contributions to Beth Israel in Alvin’s memory. We greatly appreciate your thoughtfulness and support.

Fondly,
Harriet Shapiro and Family

Harvey Adler, father of Brian and Melissa (Baylin) Adler, grandfather of Zachary, Gavain, and Jonah Adler.


Stewart Braunstein, husband of Jan Braunstein.

Dominic Dzmienski, brother of Eileen (Barry) Goldschmidt.

Sigmar (Siggy) Elover, father of Stuart (Carol) Elover, Marc (Wendy) Elover, Michele (the late Neal) Elover, grandfather of Jason (Michelle) Elover, Adam (Alexis) Elover, Nicole, Julie, and Shannon Elover, and the late Philip Elover; great-grandfather of Grayson, Piper, Logan and Ashlynn Elover.

Barbara "Bobbie" Millicent Floam; wife of the late Irvin Floam; mother of Michele Floam and Steven Floam.

Carolyn Greenberg, mother of Bruce (Paula) Greenberg, Steve Greenberg (Debbie Mckley), Jeffrey (Michelle) Greenberg, grandmother of Courtney Greenberg-Goss (Michael Goss), Samantha Greenberg, Chad Greenberg, and Jeremy Greenberg.

Natalie Hoffman, mother of Dr. Richard (Paula) Hoffman; grandmother, and great-grandmother.

Beatrice Louise Horton, mother of Beth Horton.

Penny Kafka, mother of Shachar Kafka, Shimon (Erin Vaughan) Kafka, Aviva Kafka, Shoshana Kafka and Ilana Kafka (Robert White); grandmother of Shane Andrew Putnam, II, Jazzmyn Tiona Horton, Nicholas Matthew White, Elaina Jordan White and Emily Sommer White.

Selma Macks Kitt, wife of the late Melvin Gilbert Kitt; mother of Martha (Bernard) Hoffman, Susan Kitt (Steven Teitelbaum), Richard (Marcy) Kitt, and Julie Kitt (Michael Key); grandmother of Elizabeth Hoffman Hime (Robert Hime); Jonathan Hoffman, Rebecca Teitelbaum Shulman (Kyle Shulman), Joanna Teitelbaum, Zachary and Jessica Kitt, and Aron, Eli, and Ada Key.

Ida Kopp, mother of Elena (Lee) Caplan, grandmother of Andrea (Nate) Jensen and Erica (Jared) Ficher.

Sandra (Sandi) Mervis, wife of Marvin Mervis, mother of Joy (Michael) Minkove and Philip (Joan) Mervis, grandmother of Shaun Minkove and Amanda Minkove, and Liora, Ana, and Asher Mervis.

Dolores R. Rhody, wife of the late Elmer J. Rhody, mother of Jeffrey (Laure) Rhody; grandmother of Sam Rhody (Jenma Lee) and Jake Rhody; aunt of Eileen (Jerry) Chiat.

David Schwartz, father of Dr. Mitchell (Sharon) Schwartz, grandfather of Evan and Ben Schwartz.

Ilse Weinryb, wife of the late Rubin Weinryb, mother of Rita (Ira) Meier, Victor Weinryb (Debra Lees), and Miriam Weinryb, grandmother of David (Jamie) Meier, Stephanie (Rodney) Blockston and Jared (Jillien) Meier, great-grandmother of Harrison, Ava and Camden Blockston, Jade and Levi Meier, Aiden and Lucas Meier.

תודה

May the Lord comfort and sustain you along with all the mourners of Zion and Jerusalem.
Thank You for Your Contribution

Donations to the
1. Prayer Book and Bible Fund
2. K’vod L’Torah Fund
3. Claire and Ken Sodden Memorial Youth Fund
4. Camp Scholarship Fund
5. Goldie Gorn Education Fund
6. Rachel V. Glaser Fund for Educational Enrichment

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4. Rabbi Goldstein’s Discretionary Fund
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2. Prayer Book Fund - $18.00
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3. Natalie Hoffman by Paula & Richard Hoffman
4. Dolores Rhody by Arleen & Eddie Fleischer
5. Alvin Shapiro by Harriet Shapiro, Ellen, Amy & Marcie, Barbara & Allan Sherr

In Appreciation of:
1. Rabbi Goldstein by Dr. Lester & Mrs. Lester Caplan

In Commemoration of:
1. Yahrzeit for Joseph Widerspan by Nancy Rogers, Matthew, Amber & Mark Rogers

Cantor Rolnick’s Discretionary Fund

In Memory of:
1. Hannah Goodman by Peggy & Gil Goodman
2. Penny Kafka by Robert Jackie
3. Natalie Hoffman by Paula & Richard Hoffman
4. Sandi Mervis by Miriam & Robert Stern

In Honor of:
1. Aliyah received during Rosh Hashanah by Trudy & Wulf Berman

Recently upgraded or replaced your iPad? Do you have more gadgets than you know what to do with? Consider donating your previously used iPads to Beth Israel Preschool and help expand young minds!

Please contact Sherry Caplan 410-654-0803 or scaplan@bethisrael-om.org

*iPads for Kids*
Shabbat Around the World

Chanukah Edition

Friday, December 7, 6:13pm

followed by Chanukah Shabbat dinner

Cantor Jen Rolnick will lead us in song with music from Jewish communities around the world.

Featuring Beit Shira, the Beth Israel choir, and the Beth Israel Youth Choir!

Plus...tons of Chanukah fun!

Chanukah Shabbat Dinner:
• $22 Adults ages 13+
• $12 Children ages 6 to 12
• $8 Children ages 3 to 5

RSVP for dinner by Wednesday, November 28
https://tinyurl.com/chanukahshabbat18

EXPERIENCE SHABBAT AT BETH ISRAEL

Special Shabbattot
• Kol Echad: Sensory Friendly
  Saturday, November 10
• Reverse Service
  Saturday, January 5
• Cholent/Chili Cookoff
  Saturday, February 23
• Claire Sodden Memorial Weekend: February 1-3
• Brotherhood Shabbat
  Saturday, March 2
• Sisterhood Shabbat
  Saturday, March 9
• Hazak Shabbat
  Saturday, May 4

Alternative Minyan
Saturday at 10:15am
December 22

Mini-ReJewvenate
Saturday at 10:15am
November 10, April 13, May 11

Shababa (ages 2-5)
Friday at 5:30pm
(followed by potluck dinner)
November 2, January 4, February 1

Shababa (ages 2-5)
Saturday at 10:15am
November 3, December 1, January 19

Beginyan (ages 5-11)
Saturday at 10:30am
November 17, December 15, January 19

TGIF Shabbat (family-friendly)
Friday at 6:45pm
November 2, January 4, February 1
November 2018/ Heshvan – Kislev 5779

November

1 THURSDAY
12:00 pm Lunch & Learn

2 FRIDAY
5:46 pm Candlelighting
6:00 pm Shabbat Dinner
6:45 pm Creative Kabbalat Shabbat

3 SATURDAY
9:30 am Shabbat Morning Service
10:00 am Shababa for Young Families
10:30 am Teen Service & Program
12:30 pm Kiddush Conversation
5:55 pm Mincha/Maariv/Havdallah

4 SUNDAY – Daylight Saving Time ends
9:45 am Hebrew Class
5:45 pm Hazak Dinner & Show

9 FRIDAY
4:39 pm Candlelighting
6:00 pm Kabbalat Shabbat

10 SATURDAY
9:30 am Shabbat Morning Service
Bar Mitzvah: Matthew Isaac Willens
10:15 am Mini-ReJewvenate/Yoga
11:00 am Kol Echad/Sensory Shabbat
4:50 pm Mincha/Maariv/Havdallah

11 SUNDAY
9:45 am Hebrew Class
2:00 pm Kristallnacht Program

13 TUESDAY
6:00 pm Brotherhood Sports Night

14 WEDNESDAY
6:30 pm Sisterhood Fall Dinner

15 THURSDAY
12:00 pm Lunch & Learn
7:00 pm Chanukah Care Packages

16 FRIDAY
4:33 pm Candlelighting
6:00 pm Kabbalat Shabbat

17 SATURDAY
9:30 am Shabbat Morning Service
Bat Mitzvah: Delaney Erin Sandbank
10:30 am Beginyan
4:45 pm Mincha/Maariv/Havdallah

18 SUNDAY
9:45 am Hebrew Class

20 TUESDAY
5:00 pm Preschool Vendor Fair

22 THURSDAY – Thanksgiving
Office & Preschool Closed
9:00 am Morning Minyan
No Evening Minyan

23 FRIDAY
Office & Preschool Closed
7:00 am Morning Minyan
4:29 am Candlelighting
6:00 pm Kabbalat Shabbat

24 SATURDAY
9:30 am Shabbat Morning Service
4:40 pm Mincha/Maariv/Havdallah

25 SUNDAY
BICLL Closed
9:45 am Hebrew Class

28 WEDNESDAY
9:00 am Preschool Chanukah Shop

29 THURSDAY
9:00 am Preschool Chanukah Shop
12:00 pm Lunch & Learn

30 FRIDAY
4:26 pm Candlelighting
6:00 pm Kabbalat Shabbat

December

1 SATURDAY
9:30 am Shabbat Morning Service
10:15 am Shababa
4:40 pm Mincha/Maariv/Havdallah

2 SUNDAY – Light 1 Chanukah Candle
9:45 am Hebrew Class

Chanukah 2018

• Sunday, December 2 – light 1 candle
• Monday, December 3 – light 2 candles
• Tuesday, December 4 – light 3 candles
• Wednesday, December 5 – light 4 candles
• Thursday, December 6 – light 5 candles
• Friday, December 7 – light 6 candles
• Saturday, December 8 – light 7 candles
• Sunday, December 9 – light 8 candles
• Monday, December 10 – Chanukah ends at sundown

Stay tuned for info about Beth Israel’s Chanukah celebrations! Check out our website http://www.bethisrael-om.org
OFFICERS
Marc Hertzberg .................................. President
Randi Buergenthal .................. Immediate Past President
Heidi Hoffman ............................. 1st Vice President
Scott Gensler ............................. 2nd Vice President
Ellen Feinerman ....................... 3rd Vice President
Len Rus ........................................... Treasurer
Beth Hecht .................................... Financial Secretary
Jason Taule ................................. Recording Secretary
Melissa Adler .............................. Corresponding Secretary

AFFILIATES
Sandy Kirsh .................................. Sisterhood President
Aj Stolusky .................................. Brotherhood President
Ivan Lutwin ................................. PA President
Kathleen Chase ............................ P.T.O. Co-President
Sarah Wilen ................................. P.T.O. Co-President
Gloria Friedman ............................ Hazak Co-President
Harriet Shapiro ............................ Hazak Co-President
Julia Eckard ................................. USY President

PROFESSIONAL STAFF
Jay R. Goldstein ............................ Rabbi
Jen Rolnick .................................... Cantor
Rabbi Rachel Blatt .................. Director of Lifelong Learning
Charla Simms ............................... Synagogue Director
Sherry Caplan .............................. Preschool Director
Becca Rosenfelt ............................ Program Coordinator
Dana Snyder ............................... Communications Coordinator
Mayer Zimmerman ........................ Ritual Director
Roger B. Eisenberg ........................ Cantor Emeritus
Rachel V. Glaser .... Director of Education Emeritus
Marcy Snow ............................... Bonim & Machar Advisor
Jacob Rosenbaum ........................ Kadima Advisor

SHLEIMUT TEAM
Sarah Shapiro & Anita Meddin

GABBAIM
Abraham Teitler zt”l, Gabbai Emeritus
Jerome Frankle zt”l, Gabbai Emeritus

Affiliated with
United Synagogue of Conservative Judaism

November 2018
Heshvan – Kislev 5779
חשון – כסלו תשע”ט

Schedule of Shabbat Services

Friday Evening Kabbalat Shabbat
November 2:
(Creative Kabbalat Shabbat) ....6:45 pm
November 9, 16, 23, 30 ...............6:00 pm

Shabbat Mornings
Shacharit .................................9:30 am
Nov. 3 (Shababa) .....................10:15 am
Nov. 17 (Beginyan) ..........10:30 am

Saturday Evenings
November 3 .........................6:55 pm
November 10 .....................4:50 pm
November 17 ..........4:45 pm
November 24 ..........4:40 pm

Beyond the Binary: Gender & Sexuality in Jewish Tradition with Keshet
Thursday, December 6 | 6:30pm-8:30pm | Beth Israel Congregation

Though we are often prone to portraying sex and gender as binary, ancient Jewish sources understood that these categories were more complex and diverse than we might expect. Come explore some of these ancient texts and consider what they might mean for how we think about gender and sexuality today. Kosher Dinner provided. ALL are welcome. Free for high school aged teens, but pre-registration required: https://4front.formstack.com/forms/4front_u_form