Jewish Music Month at Beth Israel

There's plenty to kvell about in Jewish music! Get into the swing during a host of musical events.

"Jewish Music Coffeehouse"
Seth Kibel Quartet

Sunday, March 3, 7–9pm

The Music and Lives of Preeminent Jewish-American Composers
with Jonathan Palevsky, program director, 91.5 FM (WBJC)

Thursdays, March 7, 14, & 21 at 7pm

Shabbat Song Sessions
with Cantor Jen Rolnick

Saturday, March 16


see page 2
The Music and Lives of Preeminent Jewish American Composers
Thursdays at 7pm

- March 7 – George Gershwin
- March 14 – Aaron Copland
- March 21 – Leonard Bernstein

Jonathan Palevsky, program director, 91.5 FM (WBJC), will offer insight into the trailblazing work of legendary Jewish composers and performers George Gershwin, Aaron Copland and Leonard Bernstein. A musicologist, Palevsky speaks frequently about jazz and swing. (lecture)

FREE, RSVP Requested
https://tinyurl.com/ComposersMarch2019

Shabbat Song Sessions with Cantor Jen Rolnick
Saturday, March 16

Join Cantor Jen Rolnick for a musical D’var Torah during Shabbat morning services.

Following Congregational Kiddush, Cantor Rolnick will lead a singing conversation, featuring Hebrew and Yiddish melodies, folk songs, and their musical roots.

Sponsored by The Sabina and Walter Dorn Education Endowment Fund

We Welcome New Members
Lynn & Robert Jacobs
Daniel

Pesach 2019
April 19 - April 27

SAVE THE DATE! Thursday, April 11
Congregational Pesach Program

The Rabbinical Assembly Pesach Guide: Everything you need to know to prepare for Pesach!
https://www.rabbinicalassembly.org/pesah-guide
Today in the United States, about one-third of all adults provide informal care to other adults. The majority of caregivers are middle-aged (35-64 years old) though many of those caring for older people are elderly themselves and about 25% are millennials. Most caregivers are female, married or living with a partner, and employed.

While it can be rewarding to provide care for a loved one, it can also be very challenging. Ongoing caregiving can lead to high levels of stress, anger, exhaustion, anxiety, depression, isolation, substance use, weight gain, poor physical health and more chronic disease. Long-term caregiving is also associated with significant financial consequences as caregivers may lose some or all of their employment income and medical benefits, reduce their savings to pay for the cost of providing care, and contribute less to their retirement funds.

If you or someone you love is experiencing caregiver stress, it is important to seek and accept help. Allowing others to run errands for you or to sit with your loved one while you take a break both reduces your caregiving burden and enables family and friends to feel helpful. To prevent or manage caregiver stress, it is also vital to take time for yourself. Stay connected with family and friends, continue to engage in a hobby you enjoy, and maintain your own health by exercising (even if it is in ten-minute increments), eating healthy foods, and getting enough rest. Practicing relaxation techniques such as visualization, meditation, breathing exercises and progressive muscle relaxation can also be immensely helpful in alleviating caregiver stress.

Support for caregivers is also available in the form of information, respite care, home modifications and assistive devices, counseling and support groups. You may want to start with an online search for resources in your area, both general and disease-specific. Here are a few local resources:

- The Greater Maryland Chapter of the Alzheimer’s Association (www.alz.org/maryland) operates a 24/7 helpline (800-272-3900) offering information and support around the clock.
- Jewish Community Services’ (www.jcsbaltimore.org) Elder Care Management program offers consultation, comprehensive assessment, and care management services to help individuals age “in their own homes or in other settings with maximum independence and dignity while providing the family and caregivers with peace of mind.” JCS also partners with the Myerberg Senior Center (www.myerberg.org) to provide monthly support groups for caregivers of those with Dementia and those with Parkinson’s Disease.
- Care Patrol (www.carepatrolbaltimore.com) is a no-cost placement services that “helps seniors and their families find safer, reliable, and affordable Senior Living Options”.
- Meals on Wheels of Central Maryland (www.mealsonwheelsmd.org) arranges meal delivery and support services to help homebound people “eat well and remain in their own homes”.

(Shleimut, continued on p11)
Brotherhood

AJ Stolusky, President

Stan Stovall, WBAL-TV 11 News Anchor, was the guest speaker at the Beth Israel Brotherhood breakfast in January. The more than 80 attendees enjoyed learning how Stan got into reporting and the media, the due diligence that goes into reporting, and a comparative discussion around reporting vs. agenda driven promotion/reporting. It was an informative morning and Mr. Stovall was generous with his time. Thank you to Barry Goldschmidt for bringing in Mr. Stovall as our speaker.

Brotherhood Shabbat is Saturday morning, March 2:
The "Sheldon Schwartz Brotherhood Shabbat" is named in memory of our past Brotherhood president and Seaboard Region President.

Our guest speaker will be Marc Terrill, President, The Associated: Jewish Community Federation of Baltimore.

If you are interested in participating in our Shabbat Service, or supporting Brotherhood by making a donation for our a special Kiddush, please contact me at bethisraelbrotherhood@yahoo.com.

The "Blue Yarmulke Man of Year" event is at Chizuk Amuno on April 7, 11am – 2pm. Stuart Fine is our nominee this year, in appreciation of all his hard work for Brotherhood.

Sunday, May 5 is Brotherhood's Annual Shredding event, in conjunction with Sisterhood’s "Penny's Plant Sale."

Beth Israel in the Community

Habitat for Humanity

Friday, March 15
Friday, April 5

Want to help build houses for deserving families?
No experience necessary! You can help for all or just part of the day, usually 8:30am to 3pm.

For more info, please contact Seth Glassman, 443-928-4562 or skgdds@hotmail.com.

Mini-ReJewvenate

Saturday, April 13 & May 11 at 10:15am
Complement your Shabbat experience

Beth Israel Congregation of Owings Mills, MD
Beth Israel Community Learning Lab
Beth Israel Preschool
We need YOU to make Sisterhood Shabbat happen!

- **Attend!** To pray and enjoy our amazing Kiddush.
- **Participate!** If you are interested in participating in our Shabbat Service, please contact Cindy Bradley 410-484-2779.
- **Contribute!** Please show your support for Sisterhood by making a donation. Send the form below and your check, made payable to Beth Israel Sisterhood, to:
  Beth Shavitz
  8909 Lesan Road
  Randallstown, MD 21133

Sisterhood Shabbat
March 9, 9:30am
My check is enclosed! $___________
Name:______________________________________
Amount: __$18  __$25  __$36  __$50  __$100  __Other

As of this writing we are now in a Polar Vortex of 7’- 17’ and it is snowing!

Sisterhood Shabbat is **March 9 at 9:30am**.
Our speaker will be Stephanie Romano, Community Educator at the House of Ruth Maryland. Stephanie provides training to the community about intimate partner violence.

This year’s Shabbat service will be in memory of:
- Penny Kafka
- Sandi Mervis
- Charlene Poley
- Dolores Rhody

They will be greatly missed.

**Wednesday, March 20, 5:30pm:** Beth Israel’s Purim Celebration. Sisterhood will be helping with the food and Carnival.

Please contribute to the Sisterhood’s “Bee” Kiddush Conscious, the buzz is we need you.

**Todah!** To the Joint Sisterhood Committee for putting together a delicious dinner, and to Cindy Bradley and all the participants for another great job on Sisterhood Shabbat. We have a great group of Women!

**Sunday, May 5** is Penny’s Plant Sale. We will have plants and herbs for sale, along with Brotherhood’s Annual Shredding event. Sisterhood’s proceeds will go towards a hearing loop in the Chapel, in memory of Penny Kafka. Mother’s Day is Sunday, May 12, so remember all the moms in your life with a gift!

If anyone has any questions, please call me at 410-484-6192, or email pudgiekirsh@gmail.com.

Thank you for all your support!

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**Beth Israel’s Senior Scene**

Gloria Friedman & Harriet Shapiro, Co-Presidents

Sunday, March 10 at 6pm, Beth Israel Hazak is invited to Beth El’s Offut Auditorium to attend dinner and a performance of the music of "Guys and Dolls," by Musical Artists Theater.

Cost: $21/person

**Sunday, March 31, 1pm:** Join your Hazak friends for an afternoon of BINGO (2 free cards included!) and a catered lunch (dairy.)

Cost: $15/person

**RSVP:** Your check is your reservation. Please make checks payable to: Beth Israel/Hazak. Mail checks to: Vera Kestenberg, 6350 Red Cedar Place, Unit 401, Baltimore, MD 21209.

Please specify the program(s) you are responding to.

For more information, please call Gloria Friedman, 410-318-8009, or Harriet Shapiro, 410-358-2711.

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**Joint Sisterhood Dinner**

**at Beth Israel**

**Wednesday, April 10, 6pm**

Beth Israel welcomes 5 other local Sisterhoods to go on a Sentimental Journey with Michael Brown Sr. Songs such as I Left My Heart in San Francisco, Unforgettable, and Love Ballad are among many of his favorites.
Preschool

We have braved through the winter months and are so glad that March is here! We are ready to get back outside on a regular basis. With March, comes Purim! Our hallways will soon be filled with the delicious aroma of apple, blueberry, cherry and chocolate hamantaschen. Want to help bake? Let us know. We can connect you with one of our classrooms on their special bake day. Calling all Queen Esthers, Mordecais, Kings and Hamans (Boo!). We will be celebrating the holiday at the Preschool Purim Carnival with the congregation on March 20 from 5:30-7pm. Come, eat, play games and schmooze with the teachers. Costumes a must! We hope to see you there!

A big thank you to Harry Baumhol for donating the iPad. One of our preschool classrooms will be using it to research areas of interest.

Thank you for your continued support in our Pennies Plus for the Playground fundraiser. Jars are available at the front desk and Preschool office.

We also offer a Me Too! class for children 15 to 23 months. Applications are available in the Preschool office or email scaplan@bethisrael-om.org.

Summer Fun Program
Summer Fun at Beth Israel! We are offering an 8-week program for children two, three and four years old. The camp runs from June 17 through August 9 with basic hours from 9am to 1pm. Activities will have a summer theme as well as water play and sprinkler fun. Children can attend two-five days a week. Extended day options are available from 7:00 am until 5:00 pm. We are also offering a special Art Camp for 5 year olds on Mondays, Wednesdays and Fridays. Applications are available in the Preschool office. We are also offering 2 one-week mini sessions the weeks before and after the summer program. This will allow 9-11 weeks of summer fun!

March (Conference Month)

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Mon., Mar. 11</td>
<td>Early Childhood Conference – SCHOOL CLOSED</td>
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<tr>
<td>Wed., Mar. 20</td>
<td>Shorashim Purim Carnival (costumes encouraged) 5:30-7pm</td>
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<tr>
<td>Thur., Mar. 21</td>
<td>Purim Parade – Come to school in costume</td>
</tr>
<tr>
<td>Fri., Mar. 22</td>
<td>Purim Parade – Come to school in costume</td>
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April

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Tues., April 16</td>
<td>Preschool Passover Seder all 2s – Parents and Guests Invited</td>
</tr>
<tr>
<td>Wed., April 17</td>
<td>Preschool Passover Seder 3’s, Pre-K – Parents and Guests Invited</td>
</tr>
<tr>
<td>April 19 – April 26</td>
<td>Pesach Break – NO SCHOOL</td>
</tr>
<tr>
<td>Mon., April 29</td>
<td>SCHOOL REOPENS</td>
</tr>
</tbody>
</table>

Fall 2019-2020
Come join our family! Fall 2019-2020 application forms are now available. Our program welcomes two, three and four year olds into a nurturing, secure environment that promotes social and intellectual growth. Schedules are designed to meet the needs of our families and range from 2-5 days with hours from 7:00am-5:00pm.
March 2019
Beth Israel Guide

Celebrate Shabbat with music from Jewish communities around the world, featuring musicians and singers from our own Beth Israel community!

RSVP for dinner by Wednesday, March 20
http://tinyurl.com/MarShabbatDinner

Friday, March 29, 6:13pm
followed by a Full Shabbat dinner including gefilte fish, chicken, vegetables, sides and dessert! Vegetarian and other dietary options available.

Celebrate Shabbat with music from Jewish communities around the world, featuring musicians and singers from our own Beth Israel community!

Dinner:
• $22 Adults ages 13+
• $12 Children ages 6 to 12
• $8 Children ages 3 to 5

RSVP for dinner by Wednesday, March 20
http://tinyurl.com/MarShabbatDinner

Sponsor a Kiddush
Share Your Simcha

The custom of sponsoring a Kiddush is a wonderful way to share your joy and at the same time support Beth Israel.

You can honor a person, remember a loved one, or celebrate a simcha. Your sponsorship will appear in the Shabbat Program that week and in the following month's issue of the Guide.

As a community we delight in each other's simchas, and would be honored if you share yours with us. Contact Ann Friedman at 410-654-0800 x210 or afriedman@bethisrael-om.org.

January/February

Kiddush Sponsors & Contributors
• Beth Israel Sisterhood
• Mona & Russ Kaufman in honor of their 60th birthdays
• Betty & Herb Aaron in honor of Herb's 90th birthday
• Sondra Sobkov in honor of her 75th birthday
• Jill & Joel Levin in honor of the B’nai Mitzvah of their children Hailey & Joseph Levin

New – Shleimut Legal

Since its inception in 2005, our Beth Israel Shleimut team has touched the lives of many people in our Congregation and schools, providing confidential support and guidance, through our clergy, Shleimut social worker and nurse.

Shleimut is now expanding our services to provide legal information and guidance for our congregants. Navigating the legal system is not always easy. We are here to point you in the right direction. While we do not provide legal representation or specific legal advice, we can be a valuable source of information and support for you.

Our Shleimut attorney, Harry Baumohl, together with Jeff Glaser, Neil Levy and Joshua Zukerberg, can provide you with information and help you find answers and resources.

Shleimut, wholeness, allows us to reach the fullness of who we can be when we are at our best. Shleimut helps promote health, wellness and healing within our Beth Israel community.

To reach our Shleimut attorneys, contact hbaumohl@bethisrael-om.org or call the synagogue office at 410-654-0800, x265.

Shabbat Around the World

[Image of book covers and Kiddush symbols]

March 4: The Girl with Seven Names: North Korean Defector Story by Hyeonseo Lee.
April 1: The Tattooist of Auschwitz by Heather Morris.

We meet the first Monday monthly at 7pm at someone's home. Please contact Ellen Naftaniel, ellen894@gmail.com or 410-458-9364.

Teen Minyan
(8-12 grades)
Saturday, March 16
10:30am

Please join us for a short service and Torah discussion, followed by a short activity/social hour following congregational kiddish.

[Image of teenagers with prayer books]

[Image of book covers and Kiddush symbols]

March 4: The Girl with Seven Names: North Korean Defector Story by Hyeonseo Lee.
April 1: The Tattooist of Auschwitz by Heather Morris.

We meet the first Monday monthly at 7pm at someone’s home. Please contact Ellen Naftaniel, ellen894@gmail.com or 410-458-9364.
CELEBRATE PURIM
WEDNESDAY, MARCH 20

5:30 – 7PM
PURIM CARNIVAL
Games for all ages, everyone gets a prize!
Unlimited play: $8/player (plus sibling discounts)
Dinner (dairy) available for purchase
Preorder dinner and tickets at:
https://tinyurl.com/PurimAtB12019
Volunteers needed!

6PM
SHORASHIM
YOUNG FAMILY
MEGILLAH READING

7PM
CONGREGATIONAL
MEGILLAH READING AND SHPIEL
“SHUSHAN RHAPSODY”
based on the music of QUEEN
Bring your favorite bottle of holiday cheer!

Volunteers needed!
A Celebration of Israel Cantor's Concert
Sunday, April 28, 2019
7:00pm
Beth Israel Congregation

Cantor Jen Rolnick
Beth Israel

Cantor Melanie Blatt
Beth El

Cantor Ben Ellerin
Baltimore Hebrew

Cantor Robert Gerber
Har Sinai

Cantorial Student Jake Greenberg

Dr. Joshua Fishbein and Kol Rinah choir
Chizuk Amuno

Tickets
$25/person in advance
$36/person at the door

RSVP by Friday, April 12
http://tinyurl.com/BICantorsConcert2019

Sponsorships available
Dessert reception following concert
Did you know that February was Jewish Disability Awareness and Inclusion Month (JDAIM)? Businesses are starting to understand the value in hiring individuals with special needs. CBS Sunday Morning recently aired a remarkable story about this: https://www.cbsnews.com/video/hiring-autistic-workers/.

Since people with Autism often have a hard time communicating, traditional interviews can be challenging. At Microsoft, an interview for candidates who are on the Autism spectrum is far from the traditional question/answer session. The new method Microsoft has implemented is one that meets those job seekers where they are. It focuses on the way someone works with others, on problem solving skills, on creativity, and on the person's ability to complete the work. Not only is the new process effective, it's fair. It levels the playing field for people who may have trouble expressing themselves verbally, but are more than qualified to do the job.

Companies that rely on just one technique for determining who should be hired are missing out. For people with special needs, many times it's not the actual work that can be an issue, but the things that involve social skills, like knowing where to eat lunch and who to sit with. The buddy system that companies like Microsoft and SAP have put in place can make all the difference just by lending a helping hand.

Microsoft and SAP are putting their money where their mouth is. They're not only talking about hiring people with disabilities, they are doing it, and they have made the changes necessary to accommodate the special needs community.

If you are thinking about hiring individuals who have diagnosed disabilities, here are some tips to help you become more inclusive:

- **Assess your workplace.** What are the jobs that could be filled by someone with special needs?
- **Seek out opportunities to learn.** Call a local Community Rehab Agency (CRP) and find out if they can provide disability awareness training. The JCS Career Center offers this service.
- **Learn about the benefits of hiring people with disabilities.** In addition to the 'feel good' ones, like increasing company moral, there are also financial ones, like tax deductions.
- **Consider interviewing in non-traditional ways.** Look at a visual portfolio. Ask the candidate to perform some of the job tasks that would be assigned.
- **Offer a job trial or working audition.** This allows the potential candidate to feel comfortable in an office setting.
- **Ask for and accept assistance.** Be open to job coaches coming onsite to support new employees and help ensure their success.

It's easy to talk about being inclusive. It's another thing to actually do it. Hunter McIntyre of SAFE Management, shared his thoughts about why hiring people with special needs is good for his company. Click to hear what this JCS Employer Partnership Award Winner had to say: http://www.jcsbaltimore.org/employers/strictlybusiness/

Questions about how to start? The US Office of Disability Employment Policy can help: https://www.dol.gov/odep/

Jamie Leboe is a career coach/vocational evaluator for the JCS Career Center.

The JCS Career Center offers comprehensive employment assistance that helps job seekers of all abilities and skill levels find and maintain employment. Services include career coaching, career assessments, resume and cover letter services, interview preparation, job readiness training, vocational rehabilitation and job placement assistance. For more information, call 410-466-9200 or visit jcsbaltimore.org.
Catastrophic Health Planners, Inc. (www.chp1.org) provides “free educational development and case management to support patients and their families requiring assistance before, during and after a catastrophic health event”.

The Well Spouse Association (www.wellspouse.org) offers online resources as well as peer-led support groups for spousal caregivers (both in-person and over the phone);

Levindale Adult Day Services (www.lifebridge.org) provides adult day care at both its Levindale and Pikesville locations.

The Soul Center at Beth El Congregation (www.soulcenterbaltimore.org) offers a monthly Caregiver Café support group on the third Thursday of the month from 2:00 to 3:30 pm which I co-facilitate along with a physician from Johns Hopkins Bayview. Free and open to the community, each Caregiver Café session begins with a 20-30 minute presentation from a community caregiving resource followed by a supportive discussion.

I am also available to provide in-person or over the phone guidance to caregivers who are seeking resources and support. Please do not hesitate to call (410-654-0800 ext. 263) or email me (ssapiro@bethisrael-om.org).

Caregiving can be very demanding. Remember, you don't have to do this alone; help may be just a call or click away.

Some of the information for this article was drawn from the following sources:

- Family Caregiver Alliance, Caregiving, www.caregiver.org/caregiving
- USA Today, Actor Rob Lowe: I Was My Sick Mother’s Caregiver, Don’t Underestimate the Stress Caregivers Face, January 13, 2019
- U.S. Department of Health and Human Services, Office of Women’s Health, Caregiver Stress, www.womenshealth.gov/a-z-topics/caregiver-stress

Is Your Bar/Bat Mitzvah Coming Up?

Please email a headshot, including kippah and tallit, to Ann Friedman no later than 8 weeks prior to Bar/Bat Mitzvah month, afriedman@bethisrael-om.org. The photo will be printed in the Guide, and will also be displayed on our monitor in the chapel lobby. Beth Israel is looking forward to sharing your simcha!

Send Us Your Pictures!

Do you have photos from a Beth Israel event?

Share them with us and they may be featured online or in print!

Please email Dana Snyder, dsnyder@bethisrael-om.org
Beth Israel Celebrates

Mazel Tov to Congregants celebrating “special” life milestones (birthdays and anniversaries). While every birthday or anniversary is a reason to celebrate, if you are having one ending with a five or a zero, we will automatically list your name. We apologize if our records are incomplete or in error. If you do not want your name listed, please call us at least two months in advance.

March 2019 Special Birthdays:

Risa Hurwitz
Ellie Cohen
Barry Dahne
Iris Inger
Martha Macks-Kahn
Evelyn Posner

Lawrence Abrams
Mona Kershner
Elizabeth Berner
Melvin Rubin
David Abramson
Selma Kolodkin
Francine Shure
Lester Caplan
Charles Witow

March 2019 Special Anniversaries:

Cheryl Matthias & Osher Pais
Betty & Herbert Aaron

Baruch atah ha’-lohai
מלך העולם, שחתתנו וקימנו והגיענו לזמן הזה.

Praised are you, Adonai, our God who rules the universe, granting us life, sustaining us, and enabling us to reach this day.

Beth Israel Mourns

Steven Braitman; brother of David (Helen) Braitman, uncle of Lauren & Jesse Braitman, Jacqueline & Jason Delman, and Amy Kaelin.

Melvin Rottman; husband of the late Evelyn Rottman.

Harriet Sandler; wife of the late Alvin Sandler.

Corinne C. Schwartz; wife of the late Joseph M. Schwartz, sister-in-law of Fritzie (and the late Ted) Schweitzer.

Susan Shefter; niece of Sandy & Lee Kirsh, and daughter of the late Eileen & Elliott Miller.

Esther Steinberg; mother of Sharon (Ira) Albert, grandmother of Mindi (Ivan) Lutwin, great-grandmother of Brooke and Allison Lutwin.

David Joseph Weisenfreund; husband of Janet Weisenfreund, father of Shira Weisenfreund and Rachel (Marc) Moses; brother of Jeffrey L. Weisenfreund and the late Steve Winters (Beth Israel Past President), brother-in-law of Sandy Winters, grandfather of Lyla Moses.

המוך נחמ אתמכם בתוכם שלום לאבל צוות ירושלים

May the Lord comfort and sustain you along with all the mourners of Zion and Jerusalem.

Beth Israel Guide 12 March 2019

Yahrzeit Contributions

Dixie & David Berenson
Esther & Jay Berkowitz
Ann Berman
Trudy & Wulfred Berman
Elizabeth & Stacey Berman
Adrienne Block
Joan & Robert Jay Block
Jan Braunstein
Judith & Laurence Campf
Arlene & Lester Caplan
Rochele & Michael Cohen
Myra Cohn
Lauren Davis
Bonnie & Neale Deutsch
Donna & Robert Diamond
Arlene & Marc Ellison
Devera Ellison
Carol & Stuart Elover
Tami & Stuart Fine
Barbara & Bob Fischer
Harold Frankle
Pam & Richard Frankle
William Friedlander
Gloria Friedman
Anita Friedmann
Sandi & Samuel Friedmann
Ruth & Stephen Gandel
Diane & Howard Gartner
Berta & Norman Geller
Sharon D. & Louis Gilden
Sandy & Barry Glass
Phyllis Gofstein
Gary Goldman
Marjorie & David Granek
Barbara Greenberg
Allan Greenberg
Sherry & Howard Greenberg
Janice Lee Greenberg
Bonnie Greenwald
Stanley Gummit
Harriet & Irvin Gutin
Norman Hanenbaum
Jeanie Hillman-Brotman
Irene Himelfarb
Esther & Howard Hopeff
Rosanne & Martin Horowitz
Adriana & David Hough
Suzanne & Mervyn Hurwitz
Esther & Jerald Katz
Mildred Kessler
Veronica Kestenberg
Cheryl & Michael Kovens
Loretta Krieger
Marllyn E. & Alvin Lehman
Irving Lerner
Marla & Jeffrey Linker
Jerald Lurie
Louise Macks
Joan & Fred Magaziner
Jamann Lurie
Myrna & Ivan N. Markowitz
Stanley Merwitz
Lois & Barry Meyer
Myra Meyers
Diane & Donald Miller
Davina Mindel
Nancy & Marc Muser
Marsha & James Oremland
Evelyn Posner
Gail Potashnick
Elaine & Harold Rothman
Lynda Rotter
Herbert Sachs
Shirley & Harry Scherr
Harriet & Harry Schwartz
Selma & Leonard Sherman
Janet & Scott Shindell
Marian Shuman
Stanley Smith
David Smith
Sandy & Stephen Snyder
Rona Sodden
Barbara & Steven Stadd
Edward & Barbara Switzer
Margot & Paul Terle
Mindy & Stuart Trippe
Shelbie & Jerold Wassel
Nadine & Ray Weinstein
Helene Weinstein
Barry Weiss
Jeanne & Paul Weiss
Gayle & Jeffrey Welsh
Myra Wiltik
Jae & Arnold Zalis

Thank You

To our Beth Israel family who contributed delicious recipes for our Cholent/Chili Cook-off Kiddush on February 23.

Cholent Recipes

• Aliza Rothenberg
• Rabbi Marc Blatt
• Stuart Fine
• Rachel Glaser
• Rebecca Roberts
• Rabbi Josh Rabin
• Amanda Rosenfelt

Helpers

• Sisterhood
• Tami & Stuart Fine
• Eileen & Jerry Chiat
• Sandy & Lee Kirsh
• Beth Shavitz
• Rabbi Marc Blatt

Yasher Koach to the winning cholent chef, Stuart Fine! Stuart is the proud recipient of a Giant gift card.
Thank You for Your Contribution

Donations to the
- Prayer Book and Bible Fund
- K'vod L'Torah Fund
- Claire and Ken Sodden Memorial Youth Fund
- Camp Scholarship Fund
- Goldie Gorn Education Fund
- Rachel V. Glaser Fund for Educational Enrichment
- Marla Joy Lerner Audio/Video Lending Library
- Ted. H. Schweitzer Memorial Fund
- Beth Israel Fund
- Rabbi Goldstein's Discretionary Fund
- Cantor Rolnick's Discretionary Fund
- Rabbi Blatt's Discretionary Fund

May be made by calling the Synagogue office at 410-654-0800 or on-line at www.bethisrael-om.org

Sisterhood Mitzvah Cards may be purchased by calling the Synagogue office at 410-654-0800

Minimum donations:
- Rachel V. Glaser Fund for Educational Enrichment, Prayer Book Fund - $18.00
- Prayer Book w/Plate - $36.00
- Bible Fund - $30.00
- Bible w/Plate - $60.00
- Claire and Ken Sodden Memorial Youth Fund, Camp Scholarship Fund, Ted. H. Schweitzer Memorial Fund, Goldie Gorn Education Fund, and Beth Israel Fund - $10.00
- K'vod L'Torah Fund - $15.00

BETH ISRAEL CONGREGATION

PRAYER BOOK FUND

IN MEMORY OF:
- David Esraeilian by Ellie & Allen Cohen
- Reba Weinstein by Sandy & Howard Bernheim

IN HONOR OF:
- Diane Seidel's Special Birthday by Marlene & Bruce Solomon

Todah Rabbah!

Sincere thanks and appreciation to those who remember to honor their friends and loved ones through their generous contributions.

CLAIRE AND KEN SODDEN MEMORIAL YOUTH FUND

IN MEMORY OF:
- Marcia Snyder by Elaine & Harold Rothman, Sherri & Stuart Fox, Sheila & Danny Stern
- Philip Matz by Stanley Merwitz
- Reba Weinstein by Sheilah & Si Kalderon, Rita & Ira Meier, Diane & Howard Gartner
- Steven Braitman by Sue & Phil Rabin, Rita & Ira Meier, Sheilah & Si Kalderon, Ileen & Al Bard, Randi & Larry Wassow and family, Elaine & Harold Rothman and family, Lois Wolf, Gail Potashnick, Sheila & Danny Stern, Randee & Harry Baumohl, Paula & Lou Friedman, Diane & Howard Gartner
- "Peachy" Schwartz by Elaine & Harold Rothman
- David Weisenfreund by Rita & Ira Meier, Elaine & Harold Rothman and family, Lois Wolf, Rhona Simon, Dorothy Raines, Sue & Phil Rabin, Ileen & Allan Blumberg, Michael, Cecilia, Sophia and Jeffrey Berman, Ileen & Alvin Bard
- Harriet Sandler by Ellie & Allen Cohen, Zelda & Jerry Zaben, Paula & Lou Friedman
- Dick Greenspun by Nadine & Ray Weinstein
- David Esraeilian by Sue & Phil Rabin, Edie & Ron Meyers, Diane & Howard Gartner
- Leonard Weiss by Sheilah & Si Kalderon
- Lois Berman by Sheila & Danny Stern
- Sister of Eileen Drucker by Rona Sodden

IN HONOR OF:
- Ellen Donen's Special Birthday by Helen & David Braitman
- Diane Gartner's Special Birthday by Helen & David Braitman
- Howard Gartner's 70th Birthday by Helen & David Braitman, Rita & Ira Meier, Ellie & Allen Cohen, Sue & Phil Rabin, Paula & Lou Friedman
- Herb Aaron's 90th Birthday by Ileen & Allan Blumberg
- Sondra Sobkov's 75th Birthday by Ileen & Allan Blumberg, Elaine & Harold Rothman and family
- Marion Katz's Special Birthday by Helen & David Braitman, Elaine & Harold Rothman and family
- Rona Sodden's 90th Birthday by Ellie & Allen Cohen, Sue & Phil Rabin, Zelda & Jerry Zaben, Elaine & Harold Rothman and family
- Wulf Berman's Special Birthday by Ileen & Allan Blumberg
- All the Simchas to Saundra & David Madoff by Iris & Gary Ingber
- Marriage of Saundra & David Madoff's son, Michael by Ellie & Allen Cohen
- Engagement of Elyse & Allan Posner's daughter, Ilyana by Sue & Phil Rabin
- Ileen & Al Bard's grandson, Noah, graduating from Ohio State University by Helen & David Braitman
- Bar Mitzvah of Harriet & Joel Charkatz's grandson, Cooper by Rita & Ira Meier
- Bar Mitzvah of Rachel & Richard Glaser's grandson, Nadav by Rita & Ira Meier

Birth of Debbie & Seth Glassman's Granddaughter, Shoshana Kramer Coakley by Paula & Lou Friedman
- Marriage of Andrew Schlossberg and Rachel by Diane & Howard Gartner

SPEEDY RECOVERY:
- Ellen Naftaniel by Sue & Phil Rabin, Rita & Ira Meier, Paula & Lou Friedman
- Don Miller by Sheri & Jeffrey Stern, Monday & Friday Minyan Group
- Hannah Siltman by Sue & Phil Rabin, Randi & Larry Wassow and family
- Zel Gresser by Randi & Larry Wassow and family, Elaine & Harold Rothman
- Fred Needel by Diane & Howard Gartner, Paula & Lou Friedman
- Francis Yoves by Rona Sodden
- Joel Charkatz by Rita & Ira Meier

IN APPRECIATION OF:
- Charla Simms by Randi & Larry Wassow and family

GOLDIE GORN EDUCATION FUND

IN MEMORY OF:
- Marcia Snyder by Lois Wolf, Rebecca Tucker
- Melvin Meister by Linda & Harry Chupnick
- Malcolm Bernstein by Linda & Harry Chupnick, Doris Sugar
- Beatrice Horton by Marcia Markowitz, Jane Weiss
- Steven Braitman by Marilyn Schloss and Frank Goldstein, Judi & Bernie Cataldo, Marion & Howard Katz, Elyse & Allan Posner
- Marvin Glass by Marilyn Schloss, Shirley & Harry Scherr
- Harriet Sandler by Marilyn Schloss
- Reba Weinstein by Joyce & Steve Weiner, Lois Wolf, Barbara & Howard Berg, Ellie & Allen Cohen, Ellen & Max Naftaniel
- Sarah Karen by Lois Wolf, Ellie & Allen Cohen
- David Esraeilian by Lois Wolf, Ellen & Max Naftaniel, Roz & Henry Foxman, Beth Horton
- Howard Goodman by Sandie & Marty Zaben

IN HONOR OF:
- Herb Aaron's 90th Birthday by Morton & Harriet Silverstein, Rodyn & Henry Foxman, Harriet Shapiro
- Marriage of Vera Kestenberg's grandson Paul, and the marriage of her granddaughter Michelle by Glenda Schlafer
- Birth of a grandson, Isaac, to Sharon & Barry Snyder by Ellie & Allen Cohen
- Birth of a grandson, Dalton, to Diane & Edward Steinberg by Joanne & Jared Mandell
- Ellen Donen's Special Birthday by Phyllis & Ralph Hersh
- Roz Foxman's Special Birthday by Phyllis & Ralph Hersh
- Ileen Blumberg's 80th Birthday by Nadine & Ray Weinstein

Birth of a grandson, Dalton, to Diane & Edward Steinberg by Joanne & Jared Mandell

Ellen Donen's Special Birthday by Phyllis & Ralph Hersh
- Roz Foxman's Special Birthday by Phyllis & Ralph Hersh
- Ileen Blumberg's 80th Birthday by Nadine & Ray Weinstein
Howard Burkorn’s 70th Birthday by Vera Kestenberg
Sheila & Danny Stern’s 55th Wedding Anniversary by Vera Kestenberg

**Speedy Recovery:**
Ellen Naftaniel by Roz & Henry Foxman, Marilyn Schloss
Marsha Miller by the Beth Israel Sisterhood Stitchers
Irene Palter by Roz & Henry Foxman
Fred Needel by Roz & Henry Foxman
Selma Sherman by Roz & Henry Foxman
Roz Foxman by Ellen & Max Naftaniel

**Beth Israel Fund**

**In Memory of:**
Sarah Karen by Ellen & Howard Jacobs, Heidi Hoffman
George Feldman by Randi & Marc Hertzberg
Riselle Sandler and Barry Jurist by Barbara & Howard Berg
David Weisenfreund by Sharon & Louis Gilden, Harvey Botzman, Myron Rogow, Dilip & Jan Dalvi, Lieberman, Ritvo and Carlebach families, Rochelle & Bernie Eisenberg, Mildred Berfeld, Ellen Jacman and Cindy & Stephen Bradley
Steven Braitman by Sherry & David Silberman, Marc & Randi Hertzberg, Stephen Gandel & Ruthie Block
Marcia Snyder by Iris & Paul Rudman, Diane & Edward Steinberg, Pam & Rick Franklin, Stephen Gandel & Ruthie Block
Reba Weinstein by Leslie & Scott Wasserman, Bonnie Bailey, Shelley & Stewart Remer
Arline Sullivan by Ellen & Howard Jacobs
David Esraeilian by Diane & Eddie Steinberg
Leonard Weiss by Linda & Chuck Krengel and family
Dolores Rhody by Louis & Susan Breitenother

**In Honor of:**
Herb Aaron’s 90th Birthday by Irene & Robert Palter, Vera Kestenberg
Wedding of Rachel and Andrew Schlossberg by Randi & Larry Waskow
Birth of a grandson, Ori to Saundra & David Madoff by Beth & Howard Katz
Marriage of Scott Samson and Becky by Joanne & Jared Mandel
Bar Mitzvah of Iris & Gary Inger’s grandson by Shelly & Stewart Remer
Shoshana Harris’ Special Birthday by Phyllis & Ralph Hersh Birth of a grandson, Noam Our Shalom, to Judy & Jerel Shapira by Saundra & David Madoff

**Speedy Recovery:**
Joan Magaziner by Randi & Larry Waskow
Hannah Silton by Saundra & David Madoff

**Bible Fund**

**In Memory of:**
Mona & Russ Kaufman’s 60th Birthdays by Marion & Howard Katz
Ilene Blumberg’s 80th Birthday by Gloria Friedman, Irene Himelfarb and Rana Kogan

**Camp Fund**

**In Memory of:**
Charlotte Fischer by Bonnie & Robin Brodinsky
David Weisenfreund by David Rubin

**K’vod L’Tora**

**In Honor of:**
Mona & Russ Kaufman’s 60th Birthdays by Fran & Barry Weiskopf

**Stanley & Minnie Hoffman Library Fund**

**In Memory of:**
Doris Downing by Sharon & Barry Snyder
Reba Weinstein by Sharon & Barry Snyder

**Glaser Fund for Educational Enrichment**

**In Memory of:**
Steven Braitman by Irene & Robert Palter, Joan & Dan Ross
and family
David Weisenfreund by Vera Kestenberg
Evelyn Wolman by Saundra & David Madoff
Reba Weinstein by Beth & David Hecht, Saundra & David Madoff
Sarah Karen by Randi & Larry Waskow

**Ted Schweitzer Fund**

**In Memory of:**
Corrine Schwartz by Sue & Phil Rabin, Marlene & Bruce Solomon

**Marla Joy Lerner Library Fund**

**In Memory of:**
Reba Weinstein by Alan Hoffman, Renee & Brian Lerner
David Esraeilian by Gloria Friedman
Steven Braitman by Renee & Brian Lerner

**Rabbi Goldstein’s Discretionary Fund**

**In Memory of:**
Reba Weinstein by Board of Youth Jewish Community of Northern New Jersey & Stephanie & Barry Kissler
Beloved Mother, Reba Weinstein by Iris & Gary Inger
Steven Braitman by Robert Jackie

**In Honor of:**
Officiating at the wedding of Lauren & Myles Poster by Arlene & Marc Ellison
Shoshana Harris’ 75th birthday and Shoshana & Avi Harris being together for 25 years by Gail Lipstiz
The Special Birthdays of Debbie & Chuck Frazier by Janis & Barry Miller
The Special Birthdays of Mona & Russ Kaufman by Janis & Barry Miller
Special Birthday of Barry Weiskopf by Janis & Barry Miller

**In Appreciation of:**
Rabbi Goldstein by Charlene Berger, Ian & Robin Berger & Family
Rabbi Goldstein officiating at their wedding by Lauren & Myles Poster
Rabbi Goldstein by Shelley & Andrew Robinson

**In Commemoration of:**
The Yahzeit of David Earle by Janis & Barry Miller
Unveiling ceremony of Arthur Cohn by Myra Cohn
Unveiling ceremony of Anita Caplan by Mindy & Stuart Trippe

**Cantor Rolnick’s Discretionary Fund**

**In Appreciation of:**
Cantor Rolnick by Robyn Hurwitz
Cantor Rolnick by Lauren & Myles Poster

**In Commemoration of:**
The Yahzeit of Helen Miller by Janis & Barry Miller

**Rabbi Blatt’s Discretionary Fund**

**In Appreciation Of:**
Rabbi Blatt by Lauren & Myles Poster
March 2019 – Jewish Music Month

1 FRIDAY
5:30 pm Shababa (ages 2-5)
5:41 pm Candlelighting
6:00 pm Potluck Dinner
6:45 pm TGIF Shabbat

2 SATURDAY
9:30 am Brotherhood Shabbat
5:50 pm Mincha/Maariv/Havdallah

3 SUNDAY
7:00 pm Seth Kibel Quartet

4 MONDAY
7:00 pm Purim Care Packages

7 THURSDAY
12:00 pm Lunch & Learn
7:00 pm "The Music and Life of George Gershwin" Learning program

8 FRIDAY
5:48 pm Candlelighting
6:00 pm Potluck Dinner
6:45 pm Creative Shabbat followed by Dessert Oneg

9 SATURDAY
9:30 am Sisterhood Shabbat
10:30 am Beginyan (ages 5-11)
6:00 pm Mincha/Maariv/Havdallah

14 THURSDAY
7:00 pm "The Music and Life of Aaron Copland" Learning program

15 FRIDAY
9:00 am Habitat for Humanity
6:00 pm Kabbalat Shabbat
6:55 pm Candlelighting

16 SATURDAY
9:30 am Shabbat Morning Services
10:30 am Teen Minyan (grades 8-12)
12:30 pm Kiddush Conversation
7:05 pm Mincha/Maariv/Havdallah

20 WEDNESDAY – Erev Purim
5:30 pm Purim Carnival & Celebration
6:00 pm Shorashim Young Family Megillah Reading
7:00 pm Purim Shpiel: "Shushan Rhapsody"

21 THURSDAY – Purim
12:00 pm Lunch & Learn
7:00 pm "The Music and Life of Leonard Bernstein" Learning program

22 FRIDAY
6:00 pm Kabbalat Shabbat
7:02 pm Candlelighting

23 SATURDAY
9:30 am Shabbat Morning Service
Bat Mitzvah: Marissa Sugar
10:15 am Shababa (ages 2-5)
7:10 pm Mincha/Maariv/Havdallah

29 FRIDAY
6:13 pm Shabbat Around the World Service & Dinner
7:09 pm Candlelighting

30 SATURDAY
9:30 am Shabbat Morning Service
6:50 pm Bar Mitzvah: Zachary Adler
7:20 pm Mincha/Maariv/Havdallah

31 SUNDAY
1:00 pm Hazak Bingo and Lunch

April 2019

4 THURSDAY
12:00 pm Lunch & Learn

5 FRIDAY
5:30 pm Shababa (ages 2-5)
6:00 pm Potluck Dinner
6:45 pm TGIF Shabbat
7:16 pm Candlelighting

6 SATURDAY
9:30 am Shabbat Morning Service
Bar Mitzvah: Elyas Becker
10:30 am Beginyan & "Silly Seder" (ages 5-11)
7:25 pm Mincha/Maariv/Havdallah

Beth Israel House Committee

Ever thought about managing a large building? Managerial and work crew needed.
Please contact Howard Gartner at hdgartner4@yahoo.com.

Do a Mitzvah! Be an Usher!

Beth Israel is looking for ushers to greet and assist congregants during Shabbat and Holiday services. ALL are welcome to usher, men and women.

Info: Barry Goldschmidt, barrygoldschmidt@aol.com

Lunch & Learn

First and Third Thursdays
12:00 pm in the Library
"Exploring the Books of Ezra and Nehemiah"

With Rachel V. Glaser
March 2019

OFFICERS
Marc Hertzberg ........................................ President
Randi Buergenthal .......... Immediate Past President
Heidi Hoffman ......................... 1st Vice President
Scott Gensler .......................... 2nd Vice President
Ellen Feinerman ......... 3rd Vice President
Len Rus................................................. Treasurer
Beth Hecht............................... Financial Secretary
Jason Taule ....................... Recording Secretary
Melissa Adler .............. Corresponding Secretary

AFFILIATES
Sandy Kirsh .................. Sisterhood President
AJ Stolusky ..................... Brotherhood President
Ivan Lutwin ....................... P.A. President
Kathleen Chase ................ P.T.O. Co-President
Sarah Wilen .......................... P.T.O. Co-President
Gloria Friedman ........... Hazak Co-President
Harriet Shapiro ......... Hazak Co-President
Julia Eckard ...................... USY President

PROFESSIONAL STAFF
Jay R. Goldstein ............................ Rabbi
Jen Rolnick ..................... Cantor of Lifelong Learning
Charla Simms .................. Synagogue Director
Sherry Caplan ................ Preschool Director
Becca Rosenfelt .......... Program Coordinator
Dana Snyder ............... Communications Coordinator
Mayer Zimmerman ........... Ritual Director
Roger B. Eisenberg ....... Cantor Emeritus
Rachel V. Glaser ....... Director of Education Emeritus
Marcy Snow ..................... Bonim & Machar Advisor
Jacob Rosenbaum .......... Kadima Advisor

SHLEIMUT TEAM
Sarah Shapiro & Anita Meddin

GABBAIM
Abraham Teitler zt”l, Gabbai Emeritus
Jerome Franklin zt”l, Gabbai Emeritus

Affiliated with
United Synagogue of Conservative Judaism

Schedule of Shabbat Services

Friday Evenings
March 1 (TGIF) .................. 6:45 pm
March 8 (Creative Shabbat) .... 6:45 pm
March 15, 22 ....................... 6:00 pm
March 29: (Shabbat Around the World) .... 6:13 pm

Shabbat Mornings
March 2 (Brotherhood) .......... 9:30 am
March 9 (Sisterhood) .......... 9:30 am
March 9 (Beginyan) .............. 10:30 am
March 16, 23, 30 ................. 9:30 am
March 16 (Teen Minyan) ....... 10:30 am
March 23 (Shababa) .......... 10:15 am

Saturday Evenings
March 2 .................................. 5:50 pm
March 9 .................................. 6:00 pm
March 16 .................................. 7:05 pm
March 23 .................................. 7:10 pm
March 30 .................................. 7:20 pm

Mazal Tov to our March 2019 B’nai Mitzvah!

March 23
Marissa Rose Sugar
daughter of David Sugar

March 30
Zachary Reuben Adler
son of Melissa & Brian Adler

March 2019